

Respiratory information for patients

1. British Lung foundation:

You can find more information here: <https://www.blf.org.uk/support-for-you/coronavirus>

The BLF website is full of helpful information and inspiring case studies:

Case studies

- <https://www.blf.org.uk/your-stories/ive-chosen-to-continue-to-shield>
- <https://www.blf.org.uk/your-stories/contact-tracing-my-experience-of-the-nhs-app>
- <https://www.blf.org.uk/your-stories/living-with-ipf-ive-felt-forgotten>
Idiopathic **pulmonary fibrosis (IPF)**

2. Asthma UK:

Asthma UK are updating their site regularly to provide tips advice and guidance such as; what should people with asthma do now, shielding advice and what to do if you contract corona:

- <https://www.asthma.org.uk/advice/triggers/coronavirus-covid-19/>
- <https://www.asthma.org.uk/advice/triggers/coronavirus-covid-19/what-should-people-with-asthma-do-now/>
- <https://www.asthma.org.uk/advice/triggers/coronavirus-covid-19/covid-19-and-asthma/>

You can also speak to an asthma expert nurse on their helpline: [0300 222 5800](tel:03002225800)

Monday to Friday, 9am to 5pm

3. Smoke free action:

<https://smokefreeaction.org.uk/quitforcovid/> - This page contains resources and information for professionals who are supporting smokers to **#QuitforCovid**.

If you are a smoker wanting to quit, the **Today is the Day** website has information and support. For specialist advice on quitting see **QuitCast** with our **#QuitforCovid** advisers Maggie and Louise. They also run a **Twitter Quit Clinic**. Tweet your questions using the hashtag **#QuitforCovid** or email quit@todayistheday.co.uk



- <https://smokefreeaction.org.uk/quitforcovid-pregnancy/>
- <https://smokefreeaction.org.uk/quitforcovid-mentalhealth/>

Stop smoking with Livewell Derby or Live Life Better Derbyshire – patients can self-refer on the website.

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<https://www.livewellderby.co.uk/will-power> - Live Well (For Derby City)

<https://www.livelifebetterderbyshire.org.uk/services/stopping-smoking/stopping-smoking.aspx> - Live Life Better Derbyshire (LLBD – for Derbyshire County)

4. NHS England advice and resources for respiratory in relation to Covid:

<https://www.england.nhs.uk/ourwork/clinical-policy/respiratory-disease/>

The Association For Respiratory Technology And Physiology (ARTP) has published [COVID-19 Infection Control Issues for Lung Function](#). This document summarises the information, evidence and guidance for infection control relevant to lung function testing services in patients with suspected or confirmed COVID-19.