

## May Newsletter

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### New Look Newsletter

Welcome!

A lot has happened in the world of Joined Up Care Derbyshire since the last newsletter was issued in February. We've had a reminder of all of the work that has been taking place this last year under the JUCD banner, work which is benefitting patients across the county in many different ways. More of that below. We have also been working through our plans for 2019/20, resulting in the submission of the system operational plan earlier this month, at the same time as beginning to work through how we will refresh the broad STP plan throughout the spring summer to highlight how we will transform local health and care services over the next five years.

Our work to undertake a refresh of the STP plan is emerging, and we will continue to keep you updated. This refresh is in response to a national requirement for us to update our 2016 STP plan to show how we will deliver the recently published NHS Long Term Plan and journey towards becoming an Integrated Care System or ICS. An ICS is, at its simplest, a more mature STP defined by strong partnership working between local organisations to redesign care and improve population health. Our focus will be on people rather than patients and wellbeing rather than ill health and finally, underpinning all of this development work is a renewed desire to undertake some robust patient, public, staff and stakeholder engagement to ensure that our plans are as transparent as possible and are informed by those people who provide and access the services each day. Our engagement model is being reviewed and we have received support from NHS England to create a Citizen's Panel this year.

**Vikki Taylor**

**Derbyshire STP Director**

### Delirium video helps promote understanding & care

An educational video produced by the Joined Up Care Derbyshire dementia work stream has attracted more than 1,000 YouTube page views.

The video has been produced as a follow-up to the delirium in dementia training arranged for health and social care staff.

The video – available at <https://youtu.be/Lfkr-0l50HY> - explains that delirium is a medical condition causing people to become confused, disorientated, unable to concentrate and subject to fluctuating levels of consciousness. There are many risk factors including dementia that might lead to someone developing the condition.

The video is aimed at all health and social care sectors, voluntary services and carers to improve awareness of the impact of delirium on people with dementia. It encourages people to look out for the symptoms of delirium through taking a person-centered care approach.

*"The idea was to get a small amount of vital information, about the impact of delirium on people living with dementia, to as many people providing care or support to people with dementia as possible. We aren't seeking to create experts, but to give people key pieces of information that they can take into their day to day work with people living with dementia that can make a big difference"*

**Claire Biernacki**



## Everything in its right Place

Organisational development (OD) leads behind a programme supporting delivering care and promoting health and wellbeing in the eight Place Alliances of Joined Up Care Derbyshire are celebrating after winning a national award.

The *Leading Across Boundaries* OD programme delivered in the Place Alliances was recognised with an award at the annual 'Do OD' conference in London for the way it has evidenced the impact that OD can have in the NHS.

A video based on the awards success – produced by Do OD, a partnership of the NHS Leadership Academy and NHS Employers, is now available to view on YouTube: <https://www.youtube.com/watch?v=6rJdQMdWdWk>

The video features interviews with OD leads and a member of the multi-disciplinary frailty team in north Derbyshire who took part in the OD programme.

Linda Garnett, Workforce and OD Lead for Joined Up Care Derbyshire, says: "We're trying to make some really significant changes to health and social care in Derbyshire. We need to break away from traditional structures and processes and help people have confidence and belief in their ability to tackle some complex problems in a different way.

"I think the reason that developing the Place Alliances lends itself to an OD project is that we're asking citizens 'what matters to you?' rather than 'what's the matter with you?'"

"The impact that I've noticed this programme have is that it's helped to shift the locus of influence away from the existing way of doing things towards the Place Alliances. It has helped us have different conversations and approach things in a different way."

Tracy Gilbert, Joined Up Care Derbyshire OD workstream lead, says: "We are trying to look at how we can collaborate more in Derbyshire and what that means in order to provide services for patients in Derbyshire. Working together requires more than just changing procedures and pathways so the OD element was how can we bring the STP together to work as a more collaborative unit.

"The MDT is composed of a community GP, myself and another advanced nurse practitioner, a community matron, an occupational therapist who sits alongside the physiotherapy team and a care co-ordinator. It was always going to be via the MDT that we were going to make this frailty team work.

"I think the (OD) course has benefited me greatly. The relationship-building has been of real benefit. I don't think the holistic team would have worked as quickly if we had not been on the OD programme. I feel that has made a big change as we have met senior managers and frontline staff who have engaged with us. We have crossed boundaries that we've needed to and driven this forward."

## Progress Stock take

Our stock take of the progress we've made this last year has generated a very long list of improvements we've made to local services, for the benefit of patients. We are in the process of developing some case studies to showcase this work further, but we should take the opportunity to reflect that in the midst of some very challenging system discussions around finances, our partnership approach has still delivered for local people. Our achievements have included:

- Every GP practice is now offering extended access, resulting in more than 100,000 extra GP appointments being available to patients in Derbyshire
- Two dementia rapid response have been set up in north Derbyshire to deliver an improved model of care to older people with mental ill-health who are in crisis
- An MSK triage service has been implemented across Derbyshire to reduce the need for outpatient appointments and move more activity into the community where appropriate
- £8.58m has been secured from national funding to build a new community hub in Bakewell
- £1.4m has been secured to support four priority cancer transformation projects: lung, prostate, colorectal and Living With and Beyond Cancer programme
- IAPT access and recovery rates are above the national target

The list goes on and further information can be found on the Joined Up Care Derbyshire website. These successes will be built upon as we enter into 2019/20 and the broader STP refresh.



## Priorities & Planning

We remain committed to improving population outcomes for the people of Derbyshire so we all have the best start in life, stay well and age well and die well. We will deliver this through the most effective and efficient health and social care system for the citizens of Derbyshire, through a place-based care system which is effectively joined up with specialist services and managed as a whole

Our priority areas for 2019/20 are in line with our 2016 STP plan, and aim to secure improved care and services for local people as well as ensuring the financial sustainability of the system. The priority areas are shown below:

Mental Health/Learning Disabilities

Urgent Care

Children's and Young People

Cancer

Maternity

Planned Care

- MSK
- Ophthalmology
- Theatre Utilisation
- Outpatients

Our delivery and programme boards that have responsibility for each priority are in the process of completing their operational plans for 2019/20. What is important is that the plans take account of our locally-identified priorities, the priorities emerging from the NHS Long Term Plan, along with the Financial Recovery plans being drawn up by commissioners. We will cover the priority areas of each of our delivery boards in future editions of this newsletter.

Enablers

- Digital
- Workforce
- Prevention

Place Alliance and Disease Management

- Respiratory
- Circulatory
- Gastroenterology
- Endocrine
- Risk Stratification
- Care Homes
- Frailty
- End of Life
- Neurology

## JUCD Board Minutes

The minutes from the January, February and March 2019 meeting of the Joined Up Care Derbyshire Board meeting are now available on the website: <https://joinedupcarederbyshire.co.uk/board-updates>



## Latest Discharge to Assess

The March 2019 executive board of Discharge to Assess (D2A) heard that in January there were 5,546 people discharged from acute hospitals across Derbyshire. Of these, 508 were discharged via the D2A route (meaning that 9.2% of all acute hospital discharges are via D2A). The Joined Up Care Derbyshire website now has a dedicated section on D2A bringing together all the D2A newsletters and other information about the process – see <https://bit.ly/2EvL4ny>





## Find out about local vacancies

Joined Up Careers Derbyshire brings together local partner organisations to support the current and future health and social care workforce. It seeks to find the best candidates for roles within the health and social care sector of Derby and Derbyshire – and support them on their career journey. The website - <https://joinedupcarederbyshire.co.uk/jobs-and-careers> - now has web links to all partner organisations in Derby and Derbyshire advertising their latest vacancies so individuals can progress their careers within the Joined Up Care STP area

## YouTube channel helps promote

Colleagues working on the commissioning and provision of services for people with a learning disability and/or autism in Derbyshire have established a YouTube video channel to help communicate their work. An initial set of videos have been produced explaining the background and purpose of Building the Right Support – see <https://bit.ly/2NIQd7V>. The team has also put together a number of videos which tackle some of the myths about delivering services.



## Dates for your Diary

The next Newsletter is due on the 30<sup>th</sup> June. If there is anything you feel that you'd like adding to our newsletter please contact us at [joinedupcarederbyshire@nhs.net](mailto:joinedupcarederbyshire@nhs.net)

## Social Media

**Are you following us?** Given us a Like or a Share? Feel free to do so...

FB - <https://www.facebook.com/joinedupcarederbyshire>

Twitter - <https://twitter.com/JoinedUpCare>

Instagram - [www.instagram.com/joinedupcarederbyshire](http://www.instagram.com/joinedupcarederbyshire)

