

“It is helping me fulfil my wife’s wish of remaining in the house we have lived for the past 53 years for as long as possible”

“The service also provided prompt access to expert advice on my patient’s management which was invaluable to myself as a clinician”

“We felt alone caring for my Mum before the team came to visit

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Compliments, comments, concerns or complaints? If you have any compliments, comments, concerns or complaints and you would like to speak to somebody about them please telephone **01773 525119** or email dchst.patientexperienceteam@nhs.net

Are we accessible to you? This publication is available on request in other formats (for example, large print, easy read, Braille or audio version) and languages. For free translation and/or other format please call **01246 515224** or email us dchst.communications@nhs.net

How to refer

Telephone referral

call 01332 564900
and ask to speak to the **Dementia Palliative Care Team**

Who can refer

Self-referral including family and carers

Any healthcare professional

Care home (residential, nursing or specialist dementia care)

Hospital ward/discharge teams/A&E for home follow up



www.dchs.nhs.uk



Dementia Palliative Care Team

Working together to deliver palliative and end of life care across Derbyshire to people diagnosed with Dementia

What we do

We offer advice and support for people with advanced dementia, palliative and/or end of life care needs.

Including areas such as;

- Manage symptoms associated with advanced dementia and end of life, i.e. pain, terminal agitation, nausea and vomiting, secretions, breathlessness
- Identify symptoms when a person is not able to clearly state what it is i.e. pain
- End of life care planning
- Advance Care Planning
- Support and management of co-morbid conditions
- Delirium
- Polypharmacy and medication rationalisation (*where appropriate*)
- Offer education and signpost to further educational resources
- Deliver education and information to informal family/carers on the nature of advanced dementia and likely deterioration

How will we provide our support

- Phone triage & immediate signposting
- Phone or digital assessment
- Care planning, care evaluation and review
- Face to face assessments/ support visits



Who we are:

The primary goal of the team is to enable improved palliative care for people living with advanced dementia, with mental and physical health needs in care homes/ supported living or their own home.

The team will be focused on ensuring the person remains at home (wherever home is) and avoiding unnecessary acute care admission.

We aim to guide and educate professionals and informal caregivers in the delivery of best practice in palliative and end of life care, for people with advanced dementia.

What is palliative care?

Palliative care is for anyone diagnosed with a life-limiting illness, including dementia. It focuses on maintaining a person's quality of life by relieving discomfort or distress (whatever the cause).

Someone with dementia can receive palliative care for several years and it may be offered alongside other treatments. Any palliative care in place will continue alongside end of life care.

