

# Meet Lucy

A Rotational Health  
& Social Care Apprentice  
with Joined Up Careers Derbyshire



**“ I applied for this apprenticeship after completing my A-levels at college in my gap year to gain lots of clinical experience before attending University to study Adult Nursing.**

It was ideal as I am put in lots of different workplace environments and get to mix with lots of healthcare professionals and have hands on experience ready for my degree. **”**

**Want to find out more?**

Please contact the Wider Workforce Team on

[dchst.ApprenticeshipTrainingEnquiries@nhs.net](mailto:dchst.ApprenticeshipTrainingEnquiries@nhs.net)

## What is the study model like and what type of things have you been doing in your off-the-job-learning?

**For my apprenticeship, we must complete three key areas of work, our care certificate, diploma in care and a section on adult care work.**

So far, we have studied a range of conditions, infection control, key legislation and care of the elderly. So far, I have really enjoyed learning about why we age and processes within the body that occur due to aging.

## What has been the hardest part?

The hardest part of the job is moving around every couple of months. Getting used to a brand-new workplace with different hours, and a whole new team.

## What has been the best part?

My favourite part of my apprenticeship is patient care, I think it is extremely rewarding and precious to be able to help anyone with tasks that are important to them, whether it's doing their hair and makeup with them, going through family photos with them, personal hygiene or even a simple chat.

## Do you have any tips for future apprentices?

Keep smiling and ask lots of questions on placement, ask to observe everything you can and make sure you keep yourself happy.

## What do you hope to do next?

“ For my next steps, after this apprenticeship, I am going to study Adult Nursing and qualify as a registered nurse.

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