

Update for patient with long-term conditions

12 October 2020



The Strategic Clinical Conditions and Pathways Team are pleased to announce this pack of information and updates for patients and patient facing teams across Derby and Derbyshire in regards to managing their long-term conditions.

Top headlines and events

National Cholesterol Month

October is [National Cholesterol Month](#) run by Heart UK, raising awareness about the dangers of high cholesterol.

JUCD asking for Covid-19 Stories

JUCD are continuing to encourage members of the public in Derby and Derbyshire to tell them about their COVID-19 health and care story. COVID-19 has created some big and potentially long-lasting changes in the way that people across Derbyshire look after their health and care needs and JUCD want to hear from as many people as possible about what those changes have been, how they have impacted their lives both positively and negatively, and what lessons we can learn moving forward. They will asking people how they would like to look after their health and care in the future, what they have stopped doing during COVID, what they started doing differently and what they plan to carry on doing. This might be about how they use health and care services or about how they look after their own health and care. Please share this link for people to take part.

<https://derbyshireics.uk.engagementhq.com/joined-up-care-derbyshire>

JUCD have a public Covid-19 information area here on their [website](#). For residents without internet access a phone service is available Call **Health watch Derbyshire: 01773 880 786 - Mon to Fri 10am-3.30pm**

Community Directory Derbyshire

Information on over 4000 community and voluntary groups in Derby & Derbyshire. Click to follow the link [Community Directory Derbyshire](#).