**ECIST Resources 100-day discharge challenge**

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| **Identify patients needing complex discharge support early** | [Hospital discharge and community support guidance - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/hospital-discharge-and-community-support-guidance)  [Hospital discharge service: action cards - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/hospital-discharge-service-action-cards)  [Listening to what matters (March 2022) BRC (redcross.org.uk)](https://www.redcross.org.uk/-/media/documents/about-us/listening_to_what_matters_march_2022_eng.pdf)  [What matters to you?](https://www.whatmatterstoyou.scot/)  [D2A webinar series: 1. Policy, model and pathways (October 2020)](https://protect-eu.mimecast.com/s/kyjwC76JVImXwrZh8yqMS)  [D2A webinar series: 2. Personalisation (October 2020)](https://www.youtube.com/watch?v=cFqv-JPggek&feature=youtu.be)  [D2A webinar series: 3. Data (October 2020)](https://youtu.be/9itTmztSI6w)  [D2A webinar series: 4. Joint commissioning (October 2020)](https://youtu.be/wbwGo3zy0G0)  [D2A webinar series: 5. Workforce (October 2020)](https://youtu.be/iQQV2A3ilDA)  [D2A webinar series: 6. Funding and finance (October 2020)](https://www.youtube.com/watch?v=CG6o5wIq278)  [D2A webinar series: 7. Providers (October 2020)](https://www.youtube.com/watch?v=JHuKlcKPWEE)  [Rapid Improvement Guide - Criteria Led Discharge - FINAL - ECIST Network - FutureNHS Collaboration Platform](https://future.nhs.uk/ECISTnetwork/view?objectID=122125349)  [Optimising Timely DischargeWebinar Series 010222 030222 - ECIST Network - FutureNHS Collaboration Platform](https://future.nhs.uk/ECISTnetwork/view?objectID=123605637)  [Optimising Timely Discharge Webinar Series - Accelerated Discharge - ECIST Network - FutureNHS Collaboration Platform](https://future.nhs.uk/ECISTnetwork/view?objectID=127431685)  [Hospital Discharge & Recovery Programme and Reducing Long Length of Stay & Hospital Flow - FutureNHS Collaboration Platform](https://future.nhs.uk/RLHSNN/grouphome)  [Optimising Timely Discharge: Webinar Series - YouTube](https://www.youtube.com/watch?v=QCCRVgtwfhM&list=PL6rrXMWFEqXJULs2D1MtQgu3xQCdwQrHs) |
| **Ensure multi-disciplinary engagement in early discharge plan** | [Case Study - Clinically-led Criteria to Reside - University Hospitals Dorset Sept 2021 - ECIST Network - FutureNHS Collaboration Platform](https://future.nhs.uk/ECISTnetwork/view?objectId=113973957)  [Practical advice to improve earlier discharge - ECIST Network - FutureNHS Collaboration Platform](https://future.nhs.uk/ECISTnetwork/view?objectId=90544997)  [Managing transfers of care – A High Impact Change Model: Changes 1-9 | Local Government Association](https://local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/systems-resilience/refreshing-high/about)  [Better Care Exchange - Better Care Fund (future.nhs.uk)](https://future.nhs.uk/bettercareexchange/grouphome)  [Cambridge University Hospitals NHS Foundation Trust reducing long stays case study\_2019 FINAL - ECIST Network - FutureNHS Collaboration Platform](https://future.nhs.uk/ECISTnetwork/view?objectId=70783813)  [Kettering General Hospital NHS Foundation Trust reducing long length of stay case study 2019\_Final - ECIST Network - FutureNHS Collaboration Platform](https://future.nhs.uk/ECISTnetwork/view?objectId=70783877)  [North Lincolnshire and Goole NHS Foundation Trust length of stay reviews case study\_2018\_Final - ECIST Network - FutureNHS Collaboration Platform](https://future.nhs.uk/ECISTnetwork/view?objectId=70783941)  [South Warwickshire NHS Foundation Trust reducing long hospital stays case study 2019\_Final - ECIST Network - FutureNHS Collaboration Platform](https://future.nhs.uk/ECISTnetwork/view?objectId=70783909)  [Quick Guide: Discharge to Assess (www.nhs.uk)](https://www.nhs.uk/NHSEngland/keogh-review/Documents/quick-guides/Quick-Guide-discharge-to-access.pdf)  [HOPE PROGRAMME — Hope For The Community CIC (h4c.org.uk)](https://www.h4c.org.uk/hope-programme) |
| **Set EDD and discharge within 48 hours of admission** | [ECIST expected date of discharge and clinical criteria for discharge video](https://www.youtube.com/watch?v=Es-zfUKU96w&t=59s)  [ECIST rapid improvement guide – criteria led discharge](https://future.nhs.uk/ECISTnetwork/view?objectID=122125349)  [ECIST Bitesize Podcast - Clinical Early Discharge](https://www.youtube.com/watch?v=huaCG4FXnPI&t=115s)  [ECIST rapid improvement guide – earlier daily discharge times](https://future.nhs.uk/ECISTnetwork/view?objectID=121373989)  [ECIST criteria to admit tool and video](https://future.nhs.uk/ECISTnetwork/view?objectID=28668144) |
| **Ensure consistency of process, personnel and documentation in ward rounds** | [Royal College or Physicians and Nurse Modern Ward Rounds guidance](https://www.rcplondon.ac.uk/projects/outputs/modern-ward-rounds)  [ECIST, RCP & RCN Modern Ward Rounds Collaborative - multiple resources](https://future.nhs.uk/ECISTnetwork/view?objectID=27333392)  [ECIST ward and board rounds Hospital only Discharge Collaborative webinar](https://www.youtube.com/watch?v=bJ-xbJQAxuM&list=PL6rrXMWFEqXIDnHK8rN8U2TinqPGmt6PQ&index=6&t=12s)  [ECIST Modern Ward Rounds webinars and videos](https://www.youtube.com/playlist?list=PL6rrXMWFEqXJAPwjGULy7F9Fc8bTDwpNC)  [ECIST SAFER patient flow bundle podcast series and slide set](https://future.nhs.uk/ECISTnetwork/view?objectId=28765744) |
| **Apply 7 day working to enable discharge of patients during the weekend** | [ECIST rapid improvement guide – weekend discharges](https://future.nhs.uk/ECISTnetwork/view?objectID=123164005)  [ECIST weekend discharge webinar](https://www.youtube.com/watch?v=mUsU2ZHN-yc&list=PL6rrXMWFEqXKWEIq-_RP-v5thRFIZ4gsh&index=2&t=321s) |
| **Treat delayed discharge as a potential harm event** | [Effect of hospital interventions to improve patient flow\_ Emermed-2020\_full - ECIST Network - FutureNHS Collaboration Platform](https://future.nhs.uk/ECISTnetwork/view?objectId=80952965)  [Optimising Timely Discharge Webinar Series - Who's risk is it anyway - ECIST Network - FutureNHS Collaboration Platform](https://future.nhs.uk/ECISTnetwork/view?objectID=125734981)  [A conversation with... Ben Owens, Clinical Lead UEC Sherwood Forest Hospitals NHS Trust - YouTube](https://www.youtube.com/watch?v=AUgy6c-idRM&t=1s)  [Embracing risk; enabling choice to support patients to return #homefirst - YouTube](https://www.youtube.com/watch?v=hl07iA9-6qs&feature=emb_logo)  [Impact and experiences of delayed discharge: A mixed‐studies systematic review - PMC (nih.gov)](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5750749/#:~:text=Delayed%20discharge%20was%20associated%20with%20mortality%2C%20infections%2C%20depression%2C,relationships%2C%20with%20implications%20for%20patient%20care%20and%20well%E2%80%90being.)  [Delayed discharge: how are services and patients being affected? | The BMJ](https://www.bmj.com/content/376/bmj.o118)  [What the latest data tells us about delayed discharges | NHS Confederation](https://www.nhsconfed.org/articles/what-latest-data-tells-us-about-delayed-discharges)  [A willingness to take risks is key to tackling the emergency care crisis | Comment | Health Service Journal (hsj.co.uk)](https://www.hsj.co.uk/quality-and-performance/a-willingness-to-take-risks-is-key-to-tackling-the-emergency-care-crisis/7031449.article)  [Delayed hospital handovers: Impact assessment of patient harm (November 2021) (aace.org.uk)](https://aace.org.uk/wp-content/uploads/2021/11/AACE-Delayed-hospital-handovers-Impact-assessment-of-patient-harm-FINAL-Nov-2021.pdf)  [Embracing risk; enabling choice (2017) PCrown\_A (rcot.co.uk)](https://www.rcot.co.uk/sites/default/files/RCOT%20Embracing%20Risk%20FINAL%20WEB.pdf)  [Last1000days | Making patients' time the most important currency in healthcare](https://www.last1000days.com/) |
| **Streamline operation of transfer of care hubs** | [Implementing the Home First Discharge Policy | Local Government Association](https://www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/integration-and-better-care-fund/resources/home-first)  [Managing transfers of care: frequently asked questions | Local Government Association](https://www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/systems-resilience/managing-transfers-care-frequently-asked-questions)  [Improving transfer of care (nice.org.uk)](https://stpsupport.nice.org.uk/transfer-of-care/index.html)  [Managing transfers of care – A High Impact Change Model: Changes 1-9 | Local Government Association](https://local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/systems-resilience/refreshing-high/about)  [Transfer of Care Hub Good Practice Guide 23622 - Better Care Exchange - Better Care Fund (future.nhs.uk)](https://future.nhs.uk/connect.ti/bettercareexchange/view?objectId=138136933) |
| **Develop demand and capacity modelling for local and community systems** | [ECIST informatics tools](https://future.nhs.uk/ECISTnetwork/view?objectID=20386192)  [ECIST informatics podcasts and webinars](https://www.youtube.com/playlist?list=PL6rrXMWFEqXJHJFWVMm5VN12079r0vhlH)  [Demand and capacity team resources](https://www.england.nhs.uk/ourwork/demand-and-capacity/) |
| **Establish flexible surge workforce capacity** | [ECIST operational management and escalation – multiple resources](https://future.nhs.uk/ECISTnetwork/view?objectID=31243120)  [ECIST planning for predictable events video](https://www.youtube.com/watch?time_continue=2&v=7hENhA76Fhc&feature=emb_logo)  [ECIST webinar – optimising your workforce](https://www.youtube.com/watch?v=RkOYcw4JGbA&list=PL6rrXMWFEqXKWEIq-_RP-v5thRFIZ4gsh&index=7&t=6s)  [ECIST job planning webinar](https://www.youtube.com/watch?v=xSJI9oukqA4&list=PL6rrXMWFEqXKWEIq-_RP-v5thRFIZ4gsh&index=8&t=4s) |
| **Revise the intermediate care strategy to optimise recover and rehab** | [Reducing delays in hospital transfers of care for older people - key messages in planning and commissioning (2019) (brookes.ac.uk)](https://ipc.brookes.ac.uk/files/publications/Some_key_messages_around_hospital_transfers_of_care.pdf)  [Newton Europe (2019) People first, manage what matters (reducingdtoc.com)](https://reducingdtoc.com/People-first-manage-what-matters.pdf)  [Newton Europe (2017) Why not home? Why not today? (local.gov.uk)](https://www.local.gov.uk/sites/default/files/documents/NEW0164_DTOC_Brochure_Online_Spreads_1.0.pdf)  [Overview | Transition between inpatient hospital settings and community or care home settings for adults with social care needs | Guidance | NICE](https://www.nice.org.uk/guidance/ng27)  [National audit of intermediate care - key findings (2018) (careengland.org.uk)](https://www.careengland.org.uk/sites/careengland/files/NAIC%202018findings%20FINAL.pdf)  [CSP responds to NHS England plans for discharge to community settings | The Chartered Society of Physiotherapy (December 2021)](https://www.csp.org.uk/news/2021-12-17-csp-responds-nhs-england-plans-discharge-community-settings) |