

# A Book of Me

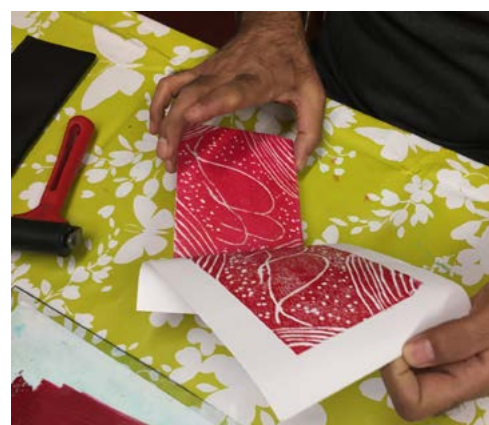
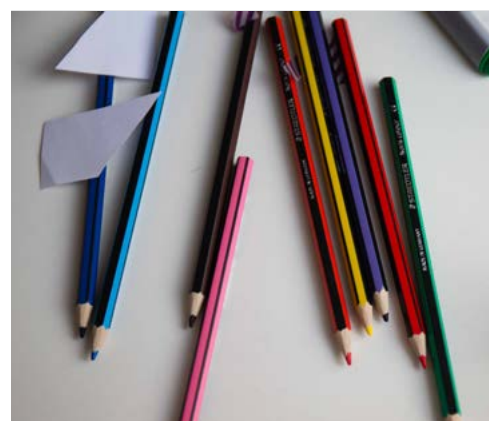
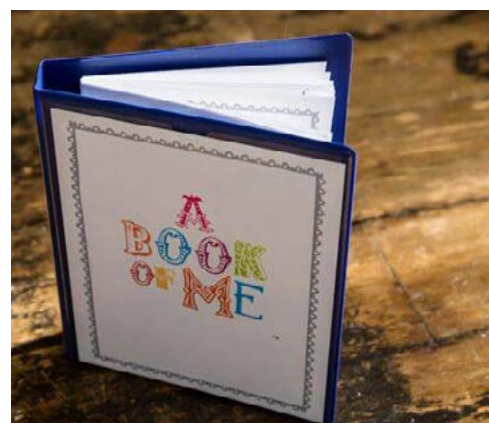
## Do, Think, Share

A Book of Me is a thoughtful resource for anyone diagnosed with dementia, looking to take creative control of their journey ahead.

Starting Dementia Awareness Week, we've teamed up with 64 Million Artists, who have developed a set of Creative Challenges to help you Live Well With Dementia.

*For two weeks (Sunday 14th May - Sunday 28 May) we'll send out daily creative challenges supporting you and your loved ones to develop simple and fun ideas around living well with dementia.*

[Sign up now](#)



**64 Million**  
*artists!*

No. 365 Jane Wood

Anyone taking part can purchase a copy of A Book of Me for a reduced price of £10 + P & P using the code 64MILLION at [www.ourmemorylanes.co.uk](http://www.ourmemorylanes.co.uk)