

## Dementia & Delirium Workstream

### Creating a Joined up Care Derbyshire Dementia Strategy

The Dementia workstream involves health, care and voluntary sector organisations across Derbyshire and Derby City working together with the goal of providing the best care possible for people living with dementia, their carers and those important to them. Last year we set out to create a strategy that each organisation would sign up to, in order to deliver that goal. We spoke to the people of Derbyshire and asked what was important, and linked their priorities to the NHS England Well Pathway for Dementia to describe the vision and ambitions for the next five years in order to achieve further integration of support, good quality care, better outcomes and a system that is simpler to navigate for those in need of support.

Dementia is a syndrome in which there is deterioration in memory, thinking, behaviour and the ability to perform everyday activities. Dementia has a physical, psychological, social, and economic impact, not only on people with dementia, but also on their carers, families and society at large. Added to this people living with dementia may well experience other, and multiple ill-health conditions, particularly as they age, so health and care providers across our communities need to be able to deliver excellent services for people with dementia, wherever they receive care.

#### What People told us:

*"I want my family to know how they can do things to reduce the risk of developing Dementia as I would not want them to get it." Person living with dementia*

*"People with dementia use a wide number of services across the health and social care arena. All staff should be equipped to treat and care for these people." Health / Social Care worker*

*"We go to a garden centre where the staff know us and know she has Dementia - the way they speak to us puts me at ease and makes me want to go back again and again." Carer*

#### By 2025, people living with dementia and their carers in Derbyshire will:

- Have access to information to improve awareness of ways in which they can minimise their risk of developing dementia
- Have access to proactive dementia diagnosis and post diagnosis support to help them to understand their condition and plan how they can live well with dementia
- Be cared for and supported by a workforce that is constantly improving their knowledge and skills to support people living with dementia and their carers
- Receive dementia care and support that is both integrated and coordinated around themselves and their carers
- Have access to good quality post dementia diagnosis, treatment and support
- Live in communities where understanding of dementia is growing, and people living with dementia and their carers are respected, included and supported
- Have support to describe and share future preferences and improved end of life care and support
- Have access to dementia care and support that strives to meet the needs of different and diverse groups across the community

The dementia workstream includes goals aimed at tackling delirium in dementia, as it is recognised that people living with dementia are at a higher risk of developing delirium, both conditions share many symptoms and delirium can have a significant impact on an individual's health and life expectancy.

## This Strategic Vision has been developed in partnership by:

**NHS**  
Derbyshire Healthcare  
NHS Foundation Trust

**healthwatch**  
Derbyshire

**NHS**  
Derby and Derbyshire  
Clinical Commissioning Group

**NHS**  
University Hospitals of  
Derby and Burton  
NHS Foundation Trust

**Alzheimer's Society**  
United Against Dementia

Derby & Derbyshire  
**ageUK**

**Ashgate Hospicecare**  
Every Person Matters

**NHS**  
Derbyshire Community Health Services  
NHS Foundation Trust

**DERBYSHIRE CARERS ASSOCIATION**

  
Derby City Council

**DERBYSHIRE**  
County Council

  
MakingSpace

**NHS**  
Chesterfield  
Royal Hospital  
NHS Foundation Trust