**Joined Up Care Derbyshire**

**Dynamic Support Pathway**

**Guidance Notes for individuals, their families, and their carers**

**What is the Dynamic Support Pathway?**

The Dynamic Support Pathway (DSP) has been developed to provide support if you have a learning disability, or you are an autistic person, and you are experiencing a deterioration in your health and wellbeing whilst you are living in the community.

*Note: These concerns may be for a family member rather than for yourself.*

Once you have agreed to be placed on the DSP, we will hold the following information about you:

* Your name
* Your date of birth (DOB)
* Where you live
* Who you live with
* What professional teams are working with you
* What support you currently receive
* What you are struggling with now
* How this is shown e.g., behaviour that challenges
* A plan of how those working with you can help you
* Protected characteristics e.g., your ethnicity

Whether you want to be placed on the DSP is up to you and you can ask as many questions as you need to until you fully understand what it means for you. If you change your mind about being on the DSP, you can ask to be removed at any time.

Your information is kept very safely and can only be seen by the professionals working with you.

**Who is the Dynamic Support Pathway for?**

The DSP is for people with a learning disability and autistic people who may:

* experience a significant deterioration in their mental health and wellbeing
* experience an increase in distress leading to behaviours that put themselves or others at risk
* experience a breakdown in relationships where they are living
* be at risk of admission to a mental health or learning disability hospital.

The DSP will help to identify any concerns early and enable you and those around you to access the appropriate support needed. The aim is to help you to feel safe, well and supported.

**How will the Dynamic Support Pathway help you?**

The DSP aims to support by:

* different teams and services knowing about you and any difficulties and offering their support to help you get better
* ensuring the people working with you are meeting regularly and working together

The DSP ensures that:

* if your situation gets worse, or there is an increase in needs, the people who are already working with you and know you well, will support you to access the necessary care and support
* you can continue to develop and maintain relationships with the people that are important to you
* you (and the people important to you) get the support to enable you to remain at home and not be admitted to hospital
* if you do need to be admitted to a mental health or learning disability hospital, those working with you before your admission will work with the hospital staff to support the plan for you to return home when you are ready.
* if you are a young person (up to your 25th birthday) you may also be able to have help and support from a Keyworker.

**How can I be added to the DSP?**

You will need to agree (give your consent) to be added to the DSP. It is your decision, and you can also choose to be taken off the DSP at any time.

If you are an adult but do not have the mental capacity to make that decision, the people involved in your care will apply the principles of the Mental Capacity Act which may mean they will make a best interest decision on your behalf.

If you are under 18 years old and do not have capacity to consent, the person with parental responsibility, or legal guardianship, may make that decision with you or on your behalf.

**Is going on the Dynamic Support Pathway right for you?**

If you are not sure if going on the DSP would be right for you, you can talk to the people who know you the best. They can help you decide whether it is right for you.

There is also information available on the DSP webpage to help you decide.

The link to the webpage is below:

<https://joinedupcarederbyshire.co.uk/your-services/dynamic-support-pathway/>

If you have any further questions or queries, please contact someone in your care team.