






Are you a teenager with a Learning Disability? Get your free annual health check now!

	<p>If you are aged 14 or over and have a learning disability, check you are on your GP's Learning Disability Register.</p> <p>Then you can have an annual health check.</p>
	<p>You don't have to be ill to have a health check.</p> <p>It helps to go every year.</p>
	<p>If you see a Specialist Children's Doctor already, it is still a good idea to go to your annual health check.</p> <p>Getting to know your GP and nurse will help you when you are an adult.</p>
	<p>If you go to school, you can ask for your health check when it is your school holidays, or in the evening.</p>
	<p>If you are not invited to your annual health check when you are 14, you or a carer can phone your Doctors surgery and ask for a health check.</p>