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| **Patient and Public Partner opportunity** |
| **Name of Workstream:** | Long COVID Operational Delivery Group and Workstream |
| **How many roles are available?** | Two |
| **Who can apply for this role?** | * Patients
* Service users
* Carers
* Members of the public
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| **Description of the role** |
| * Do you have knowledge about Long COVID? Maybe you live with Long COVID, or someone you know does?
* Do you want to help us to shape how we look after people through their Long COVID recovery?
* Can you spare 1 hour and 30 minutes each month for an online meeting?
* Could you help us make sure we communicate well with people who need our service?
* This might be the volunteer job for you!

How long it takes to recover from COVID-19 is different for everybody. Many people feel better in a few days or weeks. Most people will make a full recovery within 12 weeks. But for some people, symptoms can last longer. This is why we have set up the Derbyshire Long COVID Service. We want to improve our service by listening to what patients have to say. We are inviting two Patient and Public Partners to come to an Operational Delivery Group every month. The Operational Delivery Group is a meeting of lots of people who are involved in helping people who have Long COVID. In this meeting, you will act as the voice of the patients. The role will involve helping us to develop and review our current service.When you come to the meeting you can help us: * Improve the patient journey through the service.
* Make sure that everyone in Derbyshire can access the service.
* Improve the outcome for patients.

At this meeting you will be joined by lots of different staff. This includes staff from: * The Long COVID assessment clinic.
* Occupational Therapists.
* Respiratory Physiotherapists.
* Clinical Psychologists specialising in Health Psychology.
* NHS Talking Therapies.
* Commissioning and finance teams.

We would also value your comments on the information that we share with people who need our service. This could be looking at leaflets about how to access the service. Or it could be information we share with people as they move through our service. If this sounds like it is something you can help with, please contact us. We look forward to hearing from you.  |
| **What do you need to be able to do this role?**  |
| * You should have experience or knowledge of Long COVID.
* You need to be passionate about helping to improve the Derbyshire Long COVID Service.
* You should be able to talk about and explain other people’s views.
* You should understand confidentiality. This means that you should not talk about anything private that you hear in the meetings.
* You should feel confident talking to lots of people. You should be able to tell us your opinions.
* To listen to and be respectful of other people’s points of view.
* To attend training that will help with the role.
* You should have a computer and the internet. You should be able to read and send emails.
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| **Time commitment** | * The meetings are every month.
* The meetings last for 1 hour and 30 minutes.
* You will need to read papers and information before coming to the meeting which might take up to 30 minutes.
* The meetings will be on a weekday (Monday- Friday), between 9-5pm.
* Other parts of the role would take around 2 hours per month. This might include meeting a member of staff for support, making comments on service documents or attending training.
* This means that you may need to help us for up to **4 hours** per month.
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| **Where do meetings take place?** | Meetings are on Microsoft Teams. You will be given help if you have never used Microsoft Teams before.  |
| **Extra information** |
| * You will be paid expenses for some things. For example, if you need to travel anywhere for a meeting.
* You will be given support by someone from our team. You will be able to ask them any questions.
* You will be given an induction.
* Support sessions will be available.
* You will need to sign a confidentiality agreement. This is because the meeting papers will have private information in them.
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| **How do I apply?** |
| If you are interested, please send us an email which should include: * A bit about yourself.
* Why are you interested in this role?
* What could you bring to the role? This could be your experience, background, skills and knowledge.

Please send your email to: ddicb.conditionsspecific@nhs.net  |
| **Closing date:** | *Friday 31st March 2023* |