

Joint Forward Plan

(The Derby and Derbyshire NHS 5 Year Plan)

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Framing the NHS Plan – the NHS’ contribution to meeting the ambition of the Integrated Care Strategy

The Derby and Derbyshire Integrated Care Strategy has established an ambition for improving health and wellbeing across the life course of people living in Derby and Derbyshire – framed from the perspective of Starting Well, Staying Well and Ageing Well.

1

Start Well – People have a healthy pregnancy, children are born safe and well into a nurturing and secure relationship with care givers, with good nutrition, access to health care, social care, and education. Children thrive and develop positive and healthy relationships.

2

Stay Well - All citizens live a healthy life, can make healthy choices, and are protected from harm. They maintain quality of life and recover well from ill health or injury.

3

Age Well - Citizens thrive and stay fit, safe, and secure into older age. They maintain independence and actively participate in society. They have a personalised, comfortable, and supported end of life.

In order to deliver this ambition, the Strategy sets out four key areas of ‘actions’ for creating integrated care - thus affecting how the NHS will operate going forward.

The IC Strategy therefore forms one core input into the shaping of this **Joint Forward Plan**.

Prioritise prevention and early intervention to avoid ill-health

Reduce inequalities in outcomes, experience and access

Develop care that is strengths based and personalised

Improve connectivity and alignment to join up care

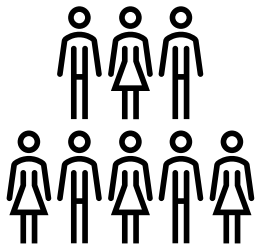
Challenges over the next 5 years (and beyond)



Stock of good health
Reducing and unequal



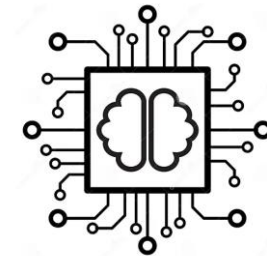
Demography
intersection of older age and multimorbidity



Public expectation
*control over their
healthcare*



Supply side constraints
*workforce, estate and
money*



Technological innovation
pace and scale

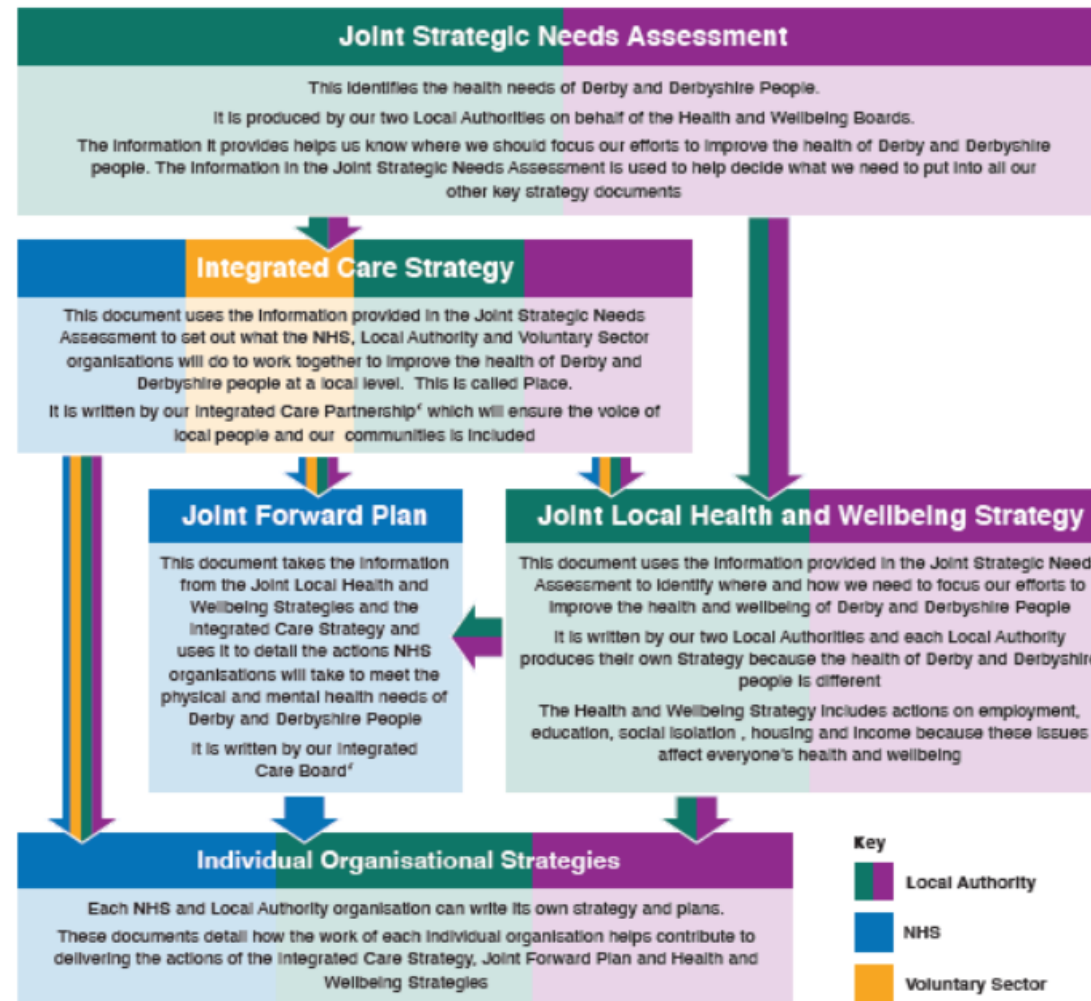
Why is this important?

	Derby	Derbyshire
Life expectancy at Birth (2018-20) [inequality gap, 2018-20*]		
Male	77.7 (11.1)	79.2 (8.1)
Female	81.5 (10.9)	82.8 (7.8)
Healthy life Expectancy (2018 – 20) [inequality gap, 2019-13*]		
Male	57.7 (18.7)	61.5 (13.7)
Female	61.6 (19.2)	62.6 (13.5)

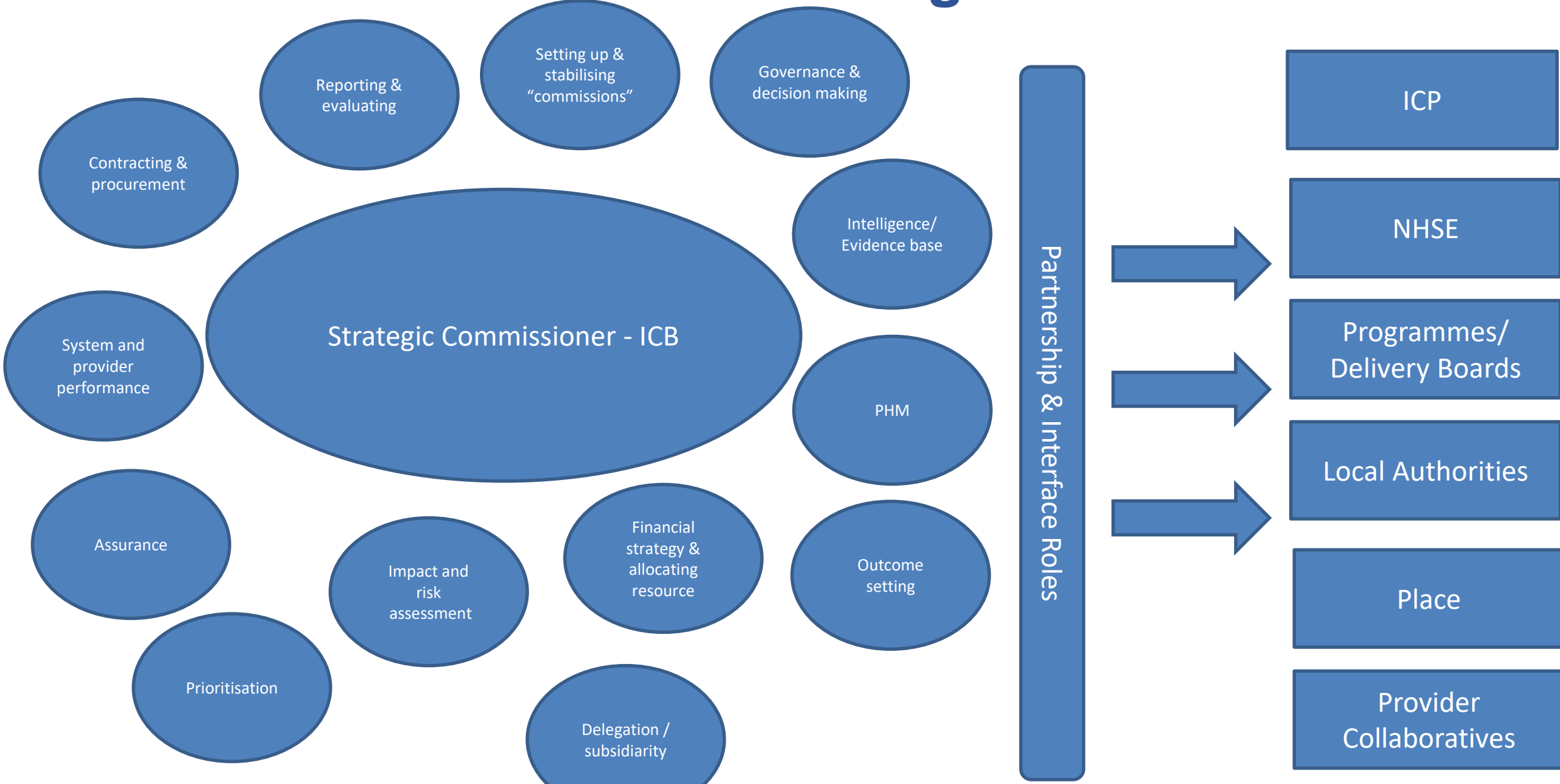


Shaping Our Health

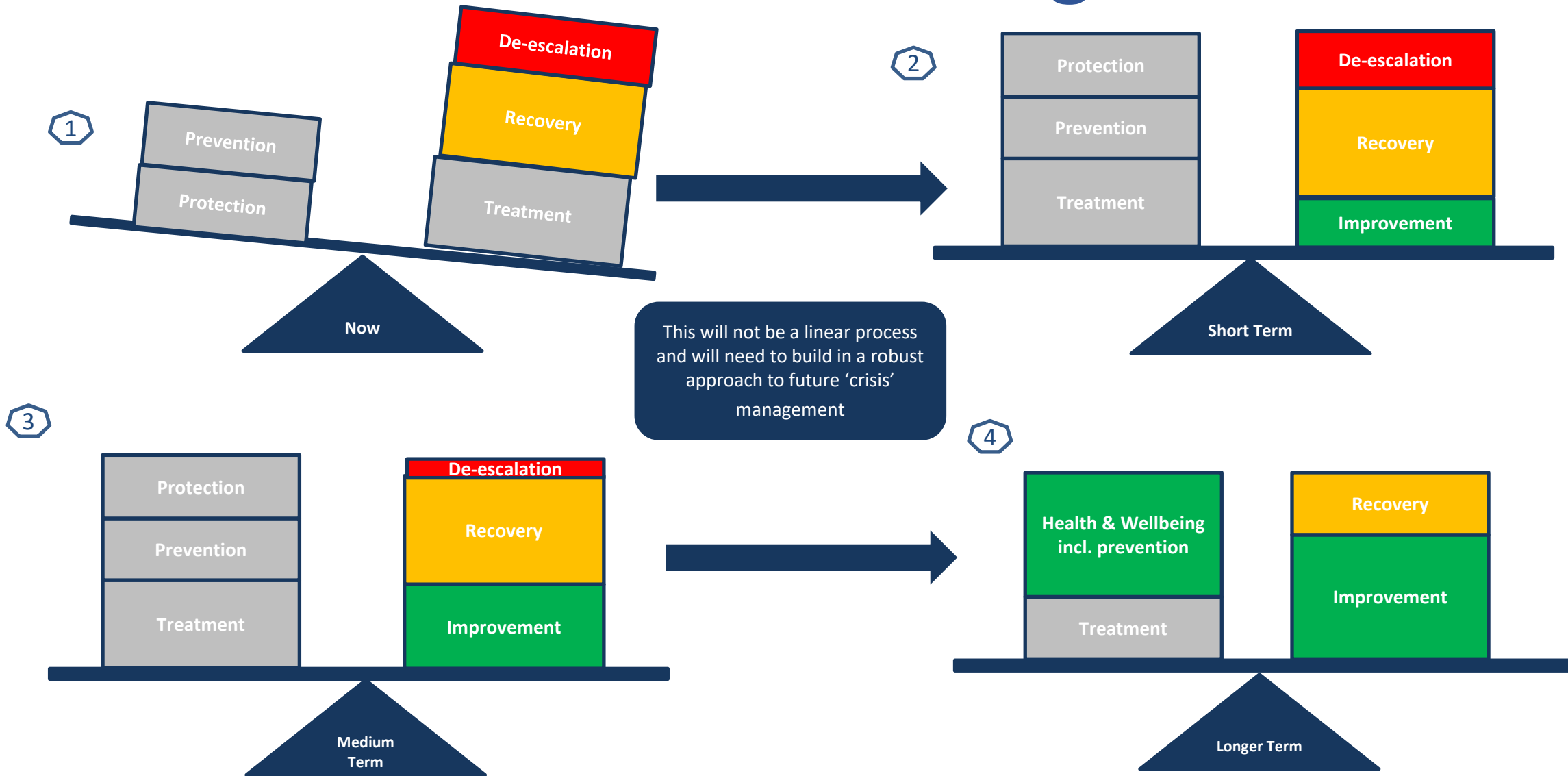
How all our Health Strategies link together



Our role and function is evolving as an ICB



But it's a balancing act



The Joint Forward Plan (JFP) in a nutshell...

The intent of the JFP...

"The purpose of the Derby and Derbyshire NHS' Plan, is to set the NHS on a different course over the next five years and change the way it operates"...

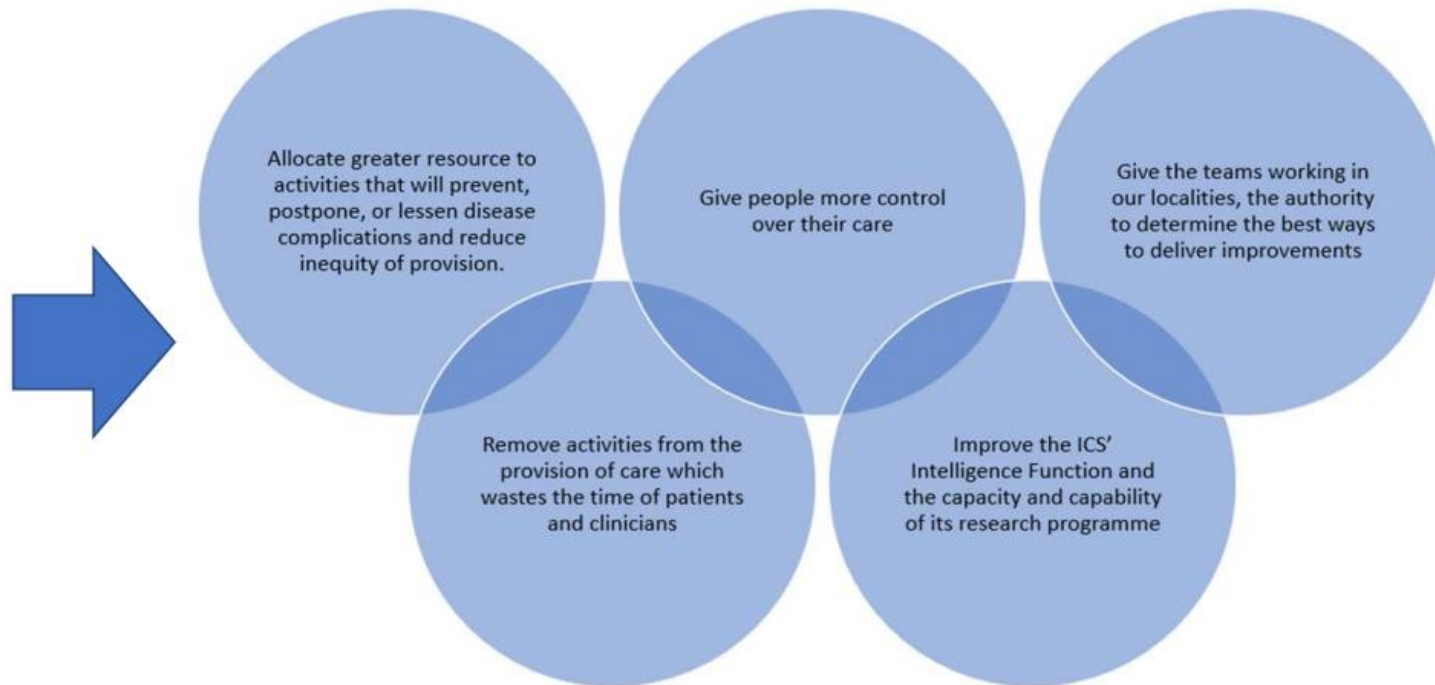
"The course will see the NHS change its operating model - so that it becomes more preventative in nature; more personalised for the citizen; intelligence led; with services integrated by design".

*"The further development of multi-disciplinary teams of professionals, working in and with local communities over the next five-years, will mean that they will possess greater insight into the specific needs, challenges, and cultural considerations of these communities. This **new form** of 'organisation of professionals' offers significant opportunities for greater innovation and flexibility – quickly adapting to errors and fixing problems."*

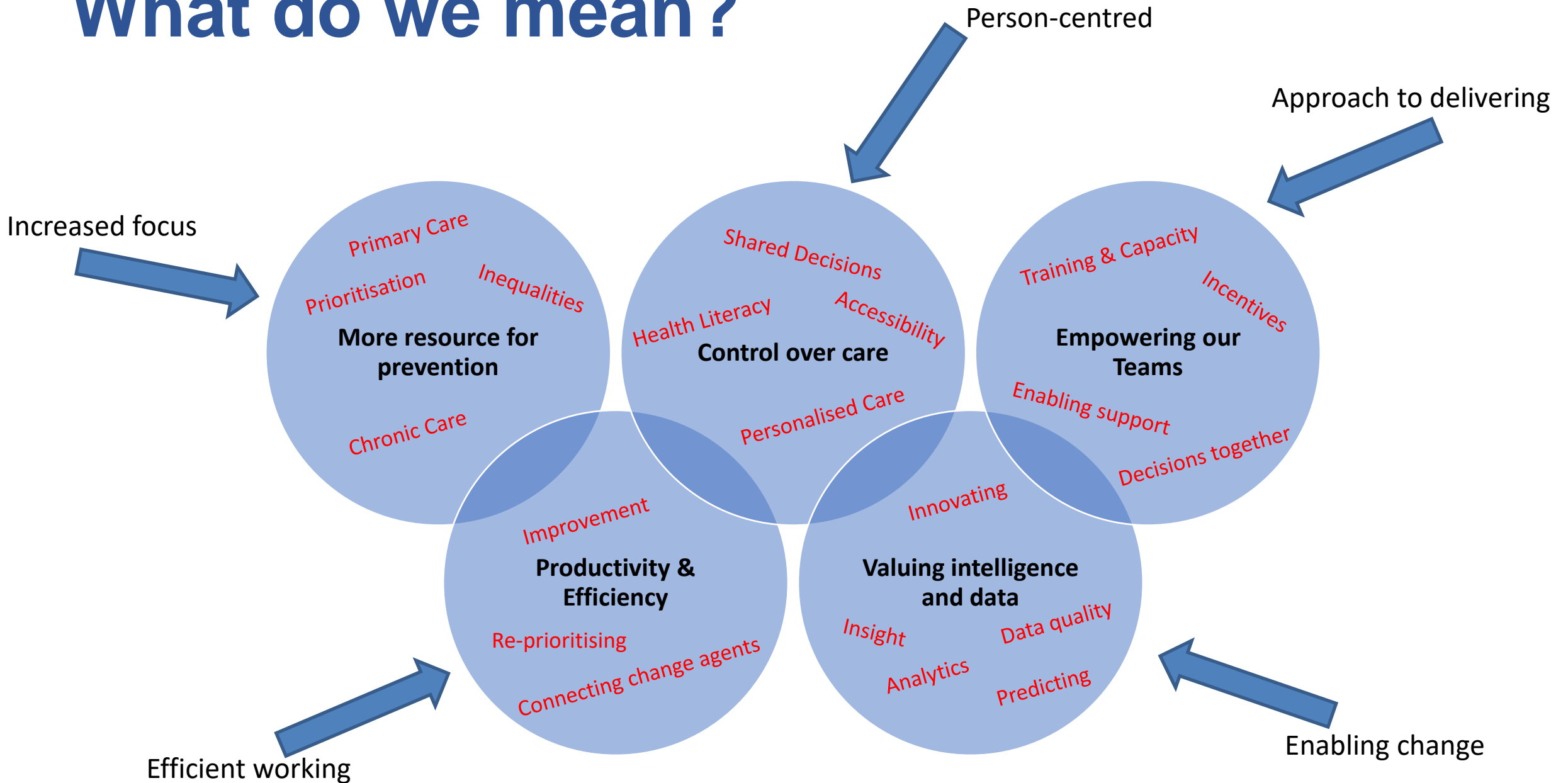
..."there are some fundamental aspects... which if properly addressed, would allow the NHS to meet these challenges in a more effective way:

- The type of workforce that we invest in*
- How we invest financial resource*
- The nature of the care that we deliver"...*

Guiding policies for action...



What do we mean?



Areas where we want to be making material change in 2024/25

Allocating more resource to activities which will prevent, postpone, or lessen disease complications and reduce inequality of provision.

Focus of works	Activity	Timeline		Owner
Identify interventions which the NHS should be prioritising for investment to facilitate implementation and/or improvement in 24/25*	Identify those interventions/approaches to prioritise in 24/25	End	Oct-23	Integrated Place Executive - Population Health Steering Group
	Establish case for investment in 24/25	End	Dec-23	Integrated Place Executive - Population Health Steering Group
	Review and decide on case and allocate funding accordingly	End	Jan-24	NHS Derby and Derbyshire Integrated Care Board
	Delivery plan formalised with all relevant partners	End	Mar-24	Executive Planning Group
	Implement delivery plan	From	Apr-24	Providers
Establish an approach to decommissioning and disinvestment, so that monies are released and redirected to enhance the NHS' role in prevention (year 3-5)	Set out a proposed approach and methodology for consultation with all relevant partners	End	Dec-23	NHS Derby and Derbyshire Integrated Care Board
	Consult on the approach and methodology with stakeholders	End	Jun-24	NHS Derby and Derbyshire Integrated Care Board
	Formalise a delivery plan to implement the approach	End	Jul-24	NHS Derby and Derbyshire Integrated Care Board
	Implement delivery plan	From	May-24	NHS Derby and Derbyshire Integrated Care Board

Identify and remove activities from the provision of care which wastes the time of patients and clinicians and results in no material gain in a patient's health outcomes

Focus of works	Activity	Timeline		Owner
Establish high impact areas to prioritise efforts in 24/25	Identify high impact areas for 24/25	End	Oct-23	Provider Collaborative Leadership Group
	Establish case for change relating to these areas	End	Dec-23	Provider Collaborative Leadership Group
	Review and decide on case for change	End	Jan-24	NHS Derby and Derbyshire Integrated Care Board
	Delivery plan formalised with all relevant partners	End	Mar-24	Executive Planning Group
	Implement delivery plan	From	Apr-24	Provider Collaborative Leadership Group



Derby and Derbyshire
Integrated Care Board

Any Questions?