

## November 2021 newsletter

Joined Up Care Derbyshire is the name for Derby and Derbyshire's Integrated Care System (ICS). This newsletter is produced bi-monthly, past editions can be found [here](#).

# NHS Charities Together (NHSCT) Community Partnership Grant Initiative

As we reported in the July newsletter, the Derbyshire Integrated Care System (ICS) have been allocated £445,533 by NHSCT as part of their Community Partnership Grant initiative. This funding aims to support partnership working across geographical areas to support communities impacted by COVID-19.

In order to access the funds, JUCD needed to submit a full grant application detailing how the funds would be spent. The bid was co-produced with voluntary, community and social enterprise (VSCE) sector partners and as a result four priority areas were identified and submitted in the grant application to NHSCT. The four priority areas were:

- Support for carers with a particular focus on Black, Asian and minority ethnic (BAME) communities
- Help the helper (focusing on the mental health and wellbeing of staff and communities)
- Community resilience (via community hubs)
- Tackling the digital divide in Derbyshire

The grant application was submitted to NHSCT in May, and in early August, we were informed that the bid had been successful which is fantastic news for the communities of Derbyshire

The Derbyshire Community Health Service (DCHS) Charitable Trust is acting as the lead charity on behalf of the other NHS member charities in Derbyshire for this grant.

Following the funding being awarded, work has begun with partners in the VCSE sector to work through the governance requirements and move each of the projects forward to the implementation stage. It is expected that over the next couple of months, each of the projects will be in a position to begin their important work in supporting the communities of Derbyshire which has been made possible by the funding available from NHSCT.

For further information on any of the projects being supported please contact Cath Benfield, DCHS Charitable Trust on [cath.benfield1@nhs.net](mailto:cath.benfield1@nhs.net).



# Plans to involve citizens in shaping local health and care priorities

Integrated Care Systems (ICS) have received a whole range of guidance in the last few months aimed at supporting systems to develop effective partnership working. All the guidance can be found [here](#).

In this issue of the newsletter, we'll be summarising the ICS Implementation Guidance on working with People and Communities.

The guidance sets out the expectation that partners in the ICS should agree how to listen consistently to, and collectively act on, the experience and aspirations of local people and communities. This means involving people and communities in developing plans and priorities, and improvement of services, but also supporting people to sustain and improve their health and wellbeing.

It sets out 10 principles as a guide for systems to implement best practice:

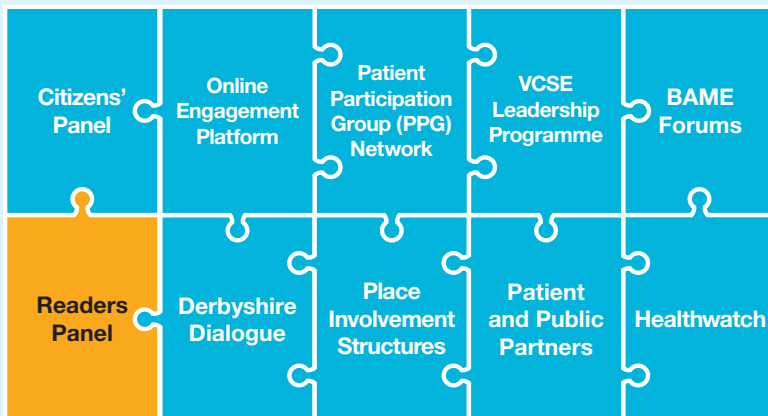


- 1.** Put the voices of people and communities at the centre of decision-making and governance, at every level of the ICS
- 2.** Start engagement early when developing plans and feed back to people and communities how their engagement has influenced activities and decisions
- 3.** Understand your community's needs, experience and aspirations for health and care, using engagement to find out if change is having the desired effect
- 4.** Build relationships with excluded groups, especially those affected by inequalities
- 5.** Work with Healthwatch and the voluntary, community and social enterprise (VCSE) sector as key partners
- 6.** Provide clear and accessible public information about vision, plans and progress, to build understanding and trust
- 7.** Use community development approaches that empower people and communities, making connections to social action
- 8.** Use co-production, insight, and engagement to achieve accountable health and care services
- 9.** Co-produce and redesign services and tackle system priorities in partnership with people and communities
- 10.** Learn from what works and build on the assets of all ICS partners – networks, relationships, activity in local places

You can read the full guidance [here](#).

Embedding strong engagement, at the heart of decision-making around system transformation work has always been a priority for Joined Up Care Derbyshire. Over the past 2 years we have been developing a continuous engagement framework that supports this work.

In each issue of the JUCD newsletter we will focus on different elements of this framework.



## Readers Panel

This panel reviews new and revised information that is going out to patients and members of the public, to make sure the information is understandable, clear, and concise. It is important to us that we know we are using the right words, in the right way to get our message across clearly.

We are looking for more people to volunteer to be part of this panel. You do not have to leave the comfort of your own home to take part, as information is shared, and feedback is given via email.

For more information click [here](#). If you have further questions or would like to express an interest in being part of the panel, please contact Hannah Morton [hannah.morton10@nhs.net](mailto:hannah.morton10@nhs.net).

You can see other ways to get involved [here](#).



## Free domestic abuse training for health professionals

You can find free domestic abuse training for health professionals [here](#). The next available date is the 25th November 2021. There are also a number of other training courses on offer for a small charge, these include:

- Domestic Abuse and Technology
- Male Victims
- Older Victims

- Domestic Abuse in LGB and Trans communities
- Domestic Abuse in Black, Asian and Minority ethnic groups.

This training is delivered as live webinars.



# Hundreds of staff sign up to the allied health professional (AHP) career development tool

The allied health professional (AHP) career development tool, launched in early 2021, has now attracted more than 400 users.

The tool – available via the Joined Up Careers Derbyshire website at <https://ahpcareers.co.uk> – helps support AHPs with coaching conversations, career development planning and measuring progress against objectives.

Planning for the tool began during the winter 2020 Covid-19 pandemic, with partners Crush (a Chesterfield design agency), the AHP Council and the University of Derby.

It is structured using Health Education England's four pillars of advancing practice. It takes approximately 10-20 minutes to work through, producing a report which can be shared with a manager, supervisor, coach or mentor for further discussion about next steps.

AHPs are the third largest workforce in the NHS. AHPs cover 14 different professions and include physiotherapists, occupational therapists, speech and language therapists and dietitians.

Mary Heritage, Assistant Director AHPs and Patient Experience at Derbyshire Community Health Services, says:

*"I'd often coached colleagues who felt 'stuck' in their careers and couldn't see a way 'up the ladder'. They weren't always clear what they wanted and were unable to see their next career move. In fact, there is no ladder! But there are many opportunities to move into different roles and develop our careers as allied health professionals. The interactive tool is quick, easy, and supportive.*

*The feedback from colleagues who have used the tool is really positive, and I now ask people who come to me for career coaching to try it before we talk. It has the potential to retain AHP talent in our system, where we would otherwise risk losing good people from our services."*

Denise Baker, Interim Deputy Dean at the University of Derby, says:

*"The career development tool will help practitioners in their future careers and provide ideas or stimuli for future activities. It is just one of the projects we have been working on together, but we think it has the potential to have the biggest impact. We have already had feedback from our students, local AHPs and even nationally how useful the tool has been since its launch, and our nursing colleagues tell us they need one too!"*

With the career development tool, individuals can:

- Review themselves against the four pillars of clinical practice, from novice to expert
- Receive an initial assessment and a more in-depth skills review
- Receive a report of the skills assessment using a radar graph, along with recommendations and guidance for next steps. This can act as a spring board opportunity for the individual to have a conversation with their manager, coach, mentor or workforce development team.

The tool is structured, based on research and evidence, and available 24/7 online. It replaces AHP practitioners needing to use a combination of guesswork, intuition, and the informal grapevine in being guided, in a structured way, on their career path.

The AHP career development tool - <https://ahpcareers.co.uk> – is also available on the Joined Up Careers [website](#)

The tool complements Joined Up Careers' other innovative approaches to supporting the full range of AHP professions – these include the recent development of an augmented reality app providing an interactive experience for our future workforce to 'try out' AHP careers. The app can be downloaded on [Apple App Store](#) and [Google Play](#).

## Unlocking Opportunities In Your Career

During your career, there will be key points when you stop and consider what your next steps might be. For example, when you prepare for your annual appraisal, on completion of an education programme, returning from a break in service (such as maternity leave) or when you are just ready for a new opportunity.

The AHP career path is rarely the 'ladder' that we used to think of. Instead there are multiple paths, and we often pursue more than one of them at once.

This tool is designed to help you consider what experience and expertise you already have using the HEE Four Pillars of Advancing Practice: Clinical Practice, Leadership, etc etc.

It will take you roughly 10-20 minutes to work through it, and after this there will be a PDF report that you can download/print out to share with you manager, supervisor, coach or mentor for further discussion about next steps and resources.



# Derbyshire Shared Care Record - What does it mean for you and our citizens?



The Derbyshire Shared Care Record is a new confidential computer record that will join up different records to create a more comprehensive and up-to-date record for local residents. Over time this will help improve the care our patients receive.

This is completely confidential and secure, it's designed to help doctors, nurses and other health and social care professionals directly involved in a patient or client's care to make better, safer decisions.

You can find out how this will affect yourself and Derbyshire citizens by viewing the first edition of our newsletter. This talks about the benefits, and details the phased launch starting in November 2021. Click [here](#) to find out more.



## Derbyshire apprentice in the spotlight

An inspiring apprentice on a scheme run by Joined Up Careers Derbyshire has become a finalist in the Derbyshire Apprentice of the Year awards.

Mia Cooper was a runner-up in the category which was part of the 2021 Business Awards run by East Midlands Chamber. The ceremony took place at the Derbyshire County Cricket Club on Friday 12 November.

Joined Up Careers Derbyshire is a local partnership group of health and social care organisations, running initiatives to support recruitment, attraction and retention across the Derbyshire health and social care system, including the Rotational Health and Social Care Apprenticeship Programme.

The apprenticeship scheme aims to equip individuals with the care, clinical and interpersonal skills to provide high quality care and low-level medical intervention to

vulnerable adults in Derbyshire. By experiencing five placements in different health and social care settings, apprentices gain a breadth of knowledge and skills to support the local population while also informing future career decisions.

Mia took part in the second apprenticeship scheme run by Joined Up Careers. The scheme was launched in 2018 with a second cohort, which Mia took part in, running in 2020. It is one of only a few schemes in the country which brings together roles in the NHS, including the community and in hospitals, with social care including experience in care homes.

As well as helping out in the workplace, apprentices on the scheme benefit from regular ongoing support and training.

It is planned that a third apprenticeship scheme will run during 2022.

# New and improved mental health facilities for the people of Derbyshire

We are delighted to confirm that Derbyshire Healthcare NHS Foundation Trust has been successful in securing significant national funding, to improve facilities for acute mental health services for adults living across Derbyshire.

The funding will provide two new, purpose built mental health facilities in Derby and Chesterfield, offering increased privacy and dignity by providing single bedroom accommodation with en-suite bathroom facilities.

This will greatly improve the facilities we currently have available for our patients and improve experiences for our visitors and employees. The investment in our services will also ensure that the Trust is able to work in line with national guidance by providing single bedrooms with en-suite facilities within Derbyshire.

The planned developments include:

## Development at Kingsway Hospital

- A new 54 bedded male facility, across three wards

## Development at the Chesterfield Royal Hospital site

- A new 54 bedded facility with single rooms, across three wards, with flexibility to support men, women, and non-binary patients on the Chesterfield Royal Hospital site (this will replace the Hartington Unit, currently based on the same site).

In addition to seeking support for the national funding for these two schemes, the Trust will also be seeking support from the Joined Up Care Derbyshire system for local capital funding for:

## Development at the Radbourne Unit (on the Royal Derby Hospital site)

- Refurbishment of the existing Radbourne Unit in Derby to provide 34 female single rooms, across two wards, and complete eradication of dormitory wards.

## Development at Kingsway Hospital

- Up to eight new beds in an 'acute plus' facility for women
- A new PICU (Psychiatric Intensive Care Unit) for 14 men.

The investment in local mental health services is significant, and very positive news for the people of Derbyshire. The intention is to create these facilities, ready to open to local people in 2024.

Engagement with the Trust's service user forum, EQUAL, has already started to ensure we have the views of people with lived experience, shaping this development from the very early stages. We have also captured the views and feedback from stakeholders, including members of the public via a questionnaire.

We will continue to keep you up to date as these new services and facilities develop.

## Kingsway Hospital



# New video highlights need for annual health checks

The NHS in Derbyshire has produced a new video highlighting the importance of annual health checks for people with a learning disability.

The [video](#) was filmed at locations in Derby and the Derbyshire countryside and stars six local people with learning disabilities.

The main presenter, Dan Walmsley, and his co-stars pose a series of questions and answers about what annual health checks are, the benefits of having them, and how to go about making sure you get one.

The video, commissioned by NHS Derby and Derbyshire Clinical Commissioning Group (CCG), is available on YouTube and the website of Joined Up Care Derbyshire, which brings together a partnership of health and social care organisations.

Annual health checks are for adults and young people aged 14 or over with a learning disability. They are free of charge and an important part of improving people's health and wellbeing. They can help people stay well by finding out about any health problems early so the right care can be provided.

Lisa Coppinger, commissioning manager for learning disabilities and autism with Derby and Derbyshire CCG, said:

*“We hope the video not only raises awareness among people with learning disabilities about annual health checks but also within the primary care community to ensure more health checks are provided. We are fortunate in Derbyshire that we are above the national average for the provision of annual health checks but we know we can do even better.”*

*“Importantly, as part of the annual health check, we want to see more people provided with an annual health plan to help them maintain and hopefully improve their health and wellbeing in the following 12 months.”*

An annual health check can be arranged by contacting your local GP practice. As the NHS continues to respond to the Covid-19 pandemic, the health check may be via phone or video call rather than face-to-face.

See the Joined Up Care Derbyshire [website](#) for more information about annual health checks for people with learning disabilities, their family/carers, and professionals.

The web information contains links to useful local and national sources of information, easy read leaflets as well as other videos about annual health checks.



# New support for NHS and Health and Social Care colleagues experiencing long COVID

A new service is available to support NHS staff experiencing symptoms of long COVID. Set up by University Hospitals of Derby and Burton (UHDB) Occupational Health Physician Dr Fauzia Begum in September, it aims to help support and guide NHS and social care colleagues across Derbyshire with managing symptoms of Long COVID.

The service is aimed at NHS and social care colleagues with physical or mental difficulties due to ongoing symptoms of COVID. Long COVID can cover a large range of symptoms that persist for more than four weeks after you contracted COVID-19. You do not need to have had a positive COVID-19 test to be experiencing symptoms of Long COVID, which may include:

- Fatigue
- Shortness of breath
- Persistent coughing
- Headaches
- Muscle or joint pain
- Weakness or reduced mobility
- Poor sleep
- Weight loss or poor nutrition
- Cognitive issues or poor concentration.

Please register your interest in the service by emailing [uhdb.longcovidsupport@nhs.net](mailto:uhdb.longcovidsupport@nhs.net). A [form for referral of NHS, Health and Social Care staff](#) for support with Long COVID has been published by Joined Up Care Derbyshire.

A member of the team will make a wellbeing telephone call appointment to find out more information about your condition and explain the options available, which could include:

- Getting self-help advice and guidance on supporting your mental health
- Enrolment on a four-week psycho-educational programme, 'Coping with COVID'
- Enrolment on four-week virtual physical rehabilitation classes of various levels, depending on severity screening assessment and ongoing monitoring. This would be following a two-week self-directed 'lung stretching' phase that links exercise recovery to lung, chest, and mental recovery, without exacerbating fatigue
- Referral to acute services or step three level mental health support
- Access to facilitated virtual Long COVID peer support group facilitated by Dr Fauzia Begum - this runs every Tuesday morning on MS Teams, where you can talk about symptoms and how they are affecting you and any ongoing issues; each week's meeting has a different theme about common COVID-related symptoms
- Information about various lifestyle and support services across Derbyshire.





# NEW Virtual Sessions in Health Literacy Awareness

Is it your job to communicate to people about health?

Did you know that nearly half of the UK adult population does not have the required literacy skills to routinely understand health information, with even more not having the necessary numeracy skills?

Health Literacy involves people having the skills, knowledge, understanding and confidence to make decisions about their health and wellbeing. It is also about the services and systems that we work in, providing health and social care information and services that can be accessed and understood by everyone who needs them.

Derbyshire County Council's Public Health team are funding 12 x 2-hour virtual sessions over the next 12 months which will be delivered via Microsoft Teams. They are open to partners across the wider public health workforce who work wholly or predominantly in Derbyshire.

If you are interested in transforming the way you work by understanding more about health literacy and why it's important, then why don't you register for one of our upcoming online sessions?

**Health Literacy Awareness**

Is it your job to communicate to people about health?

Did you know that 60% of people do not understand health information when words and numbers are included?

DERBYSHIRE County Council

Illustration of a person's head with question marks and arrows, symbolizing confusion or lack of understanding.

- **Tuesday 23rd November 1.30–3.30pm**
- **Thursday 16th December 2.30–4.30pm**

To reserve your place on one of the above dates, please complete this [Booking Form](#).

More dates will be released in the coming months for the virtual sessions.

In the meantime, if you prefer to access the FREE 35-minute Health Literacy E-Learning module please see details [here](#).

Or for more information contact: [ASCH.healthliteracy.admin@derbyshire.gov.uk](mailto:ASCH.healthliteracy.admin@derbyshire.gov.uk)

## Extra support for vulnerable people leaving hospital

Derbyshire Home from Hospital Service provides practical support for vulnerable people leaving hospital, or those living at home but at risk of being admitted. The service is provided by a combination of staff and volunteers and is free of charge.

The service is for anyone who lives in Derbyshire (except the city) or is registered with a GP in Derbyshire and has limited support from family or friends.

The service offers things like:

- doing basic shopping
- making sure the home is warm and comfortable
- arranging key safes, community alarms or telecare
- collecting prescriptions
- signposting to other statutory, voluntary sector and community organisations.

Anyone can make a referral, including the patient themselves.

Please call 01283 817417 Monday to Friday, 8.30am - 4.30pm (an answerphone is available outside these hours) or email [home@dhfh.org.uk](mailto:home@dhfh.org.uk)

You can find out more information [here](#).

Home from Hospital Derbyshire

Make a Referral

Home About FAQs Contact

SUPPORT FOR THOSE LEAVING HOSPITAL

The Derbyshire Home from Hospital Service provides practical support for vulnerable people leaving hospital, or those living at home but at risk of being admitted.

Contact Us  
Email: [home@dhfh.org.uk](mailto:home@dhfh.org.uk)  
Telephone: 01283 817417

Who is the service for? Who can refer? What support does it provide?

Anyone who:  
• Is vulnerable due to their age  
• Anyone can make a referral.  
• You do not need a doctor to refer.  
• The Derbyshire Home from Hospital service provides

# Personalisation - What Matters to You?

Personalised care is based on a 'what matters to you' conversation. It supports people with choice and decision making; harnessing the expertise of people, professionals and the health and care system and provides a positive change in power and decision making that enables people to feel informed, have a voice, be heard, and be connected to each other and the community in which they live. Personalised care is an enabler for key priorities of prevention, independence, choice, and decision making across Derbyshire. It is a whole system, all age approach and aims to enable people to live their best life; supporting the best start; staying well; ageing well and dying well.

Here is a [video](#) explaining the Personalised Care Model.

There are 6 components to personalised care:



Our personalisation work sees Michelle Bateman as the Senior Responsible Officer and Jo Hunter at the Clinical Lead. Jo Blackburn joined the team in July as the Personalisation Programme Manager.

For more information, please contact Jo Blackburn [joblackburn1@nhs.net](mailto:joblackburn1@nhs.net)

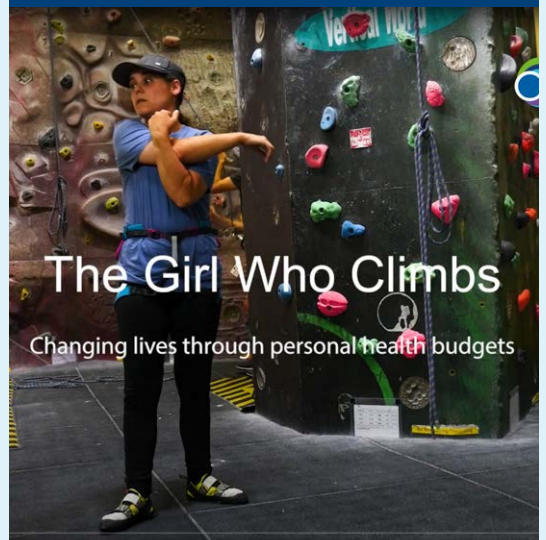
In each edition of this newsletter, we will focus on a different aspect of personalised care, this edition focuses on Personal Health Budgets.

## PERSONAL HEALTH BUDGETS

A personal health budget is an amount of money which is identified to support a person's health and wellbeing needs. It isn't new money, but a different way of spending health funding. Personal health budgets give people with long-term conditions and disabilities more choice and control over the money spent on them and the support they receive. A personal health budget may be used for a range of things, including therapies, personal care, and equipment.

This video shows the life changing difference a Personal Health Budget made to a patient with mental health and Autistic Spectrum Condition.

[The Girl Who Climbs - YouTube](#)



You can find out more information personal health budgets [here](#). You can also contact Nicola MacPhail [nicola.macphail@nhs.net](mailto:nicola.macphail@nhs.net).

# Derbyshire Highly Commended in National Awards for Covid Response

Derbyshire County Council has been highly commended in a national award for its outstanding response to the Covid-19 pandemic

The council was honoured in the MJ Local Government Achievement Awards 'Public Health Improvement' category for its county-wide response to the pandemic and influence on national decision making.

The judges noted that the council's response, led by Director of Public Health Dean Wallace, had prioritised making a difference on the ground and not only supported those directly affected but also concentrated on helping people to stop smoking and lose weight which are known contributors to the severity of Covid infection.

The council's extra support in providing help such as shopping, dog walking and companionship phone calls to those needing support during self-isolation was also noted.

Councillor Carol Hart, Cabinet Member for Health & Communities, said recognition of the team's hard work was very well deserved.

She said: *"I am incredibly proud of the work that our dedicated council colleagues have done over the last 18 months in helping Derbyshire, and the East Midlands, to come through the pandemic so far and in continuing their tireless work to manage infection rates in the county.*

*I know there have been very many long days and sleepless nights for them and they have put their whole focus on supporting and reassuring our residents, working on the ground to reduce the spread of the virus and influencing national decisions to encourage the right response across the country.*

*Derbyshire, like every part of the country and the world, has lost people before their time and, alongside celebrating the recognition we have received today, we remember all of those who have been lost and thank all of our residents, our partners and our communities for working with us through such unprecedented times."*

Details of the award finalists can be found on the MJ award [website](#).

## New Chief Executive appointed

Dr Chris Clayton, currently Chief Executive of NHS Derby and Derbyshire Clinical Commissioning Group has been announced as the Chief Executive designate of the new NHS Integrated Care Board for Derby and Derbyshire, and will take up the post as soon as the Health and Care Bill receives Royal Assent, likely to be from April 2022. The appointment follows a national recruitment drive to appoint to similar posts for all 42 integrated care systems.

Of the appointment, John MacDonald, Independent Chair of Joined Up Care Derbyshire, and Chair Designate of NHS Derby and Derbyshire Integrated Care Board, said, *"I am delighted that we are able to confirm Chris' appointment to this position. Many local stakeholders will already know Chris from his work as Chief Executive of NHS Derby and Derbyshire Clinical Commissioning Group since 2017, and as the executive lead for Joined Up Care Derbyshire since last year. Chris therefore brings a vast knowledge of the local health and care system and local relationships into this new position, along with continuity to the work of our system."*

Dr Clayton said: *"I'm honoured to have been offered and accepted this role. We have a very firm foundation of partnership working across health, care and with other partners in Derby and Derbyshire. This foundation stands us in good stead to further support the health and wellbeing of local citizens the continued integration of services and support."*





## Winter Pressure Single Contact Point Information

As we move into winter, we know that this is likely to be a particularly challenging time for some people.

To support professionals (working or volunteering) to refer and signpost vulnerable residents to essential services and self-help advice this winter, Derbyshire County Council has opened up a Winter Pressure Single Contact Point.

- The service will run from October 2021 – March 2022.
- It provides a single contact point for colleagues to direct enquiries if you are not sure where to send them currently.
- The service is open to all health professionals, social care practitioners, district/borough stakeholders and voluntary sector partners - who may come across a vulnerable person this winter that needs help.
- To help us manage demand - if you already know where you need to direct your enquiry, please continue using existing pathways by going directly to the appropriate service.
- Eligibility criteria applies to some services.

This service is by professional route only.

Further details can be found here. You will find a simple referral form that you need to fill in to access support.

Please note, a separate service is in place for professionals working with Derby City residents.

Visit [Derby.gov.uk/cold-weather](https://Derby.gov.uk/cold-weather) or call 01332 640000.(and select option 5)

Please help us promote the Winter Pressure Single Contact Point to other professionals who would benefit from knowing about the service, by cascading this information to colleagues and stakeholders in your networks.

If you have any further questions, please contact: [healthandwellbeing@derbyshire.gov.uk](mailto:healthandwellbeing@derbyshire.gov.uk)



# Open Statement from the Joined Up Care Derbyshire Mental Health, Learning Disabilities &/or Autism & Children & Young People Delivery Board

This delivery board focuses on improving the lives of people (children and adults) with mental health needs and conditions, people who are living with neurodiversity, learning disabilities and/or are autistic as well as their carers and families.

We wish to share information that describes the areas of work that we are currently focussed on, with the hope that we can make linkages to local people, groups and organisations who have an interest, knowledge, or expertise and who would be interested in working more closely with us.

## Are priorities currently are:

### Community Mental Health Service Transformation

- Living Well – working with communities to review and shape services that support people with lived experience of mental health difficulties to manage their health and social care needs and improve their wellbeing. We want our NHS and Local Authority services to work in partnership with the VCSE sector and to link more effectively with local communities. We want to help to bridge that gap and help people to access the support they need when they need it. We want there to be ‘no wrong door’ to people getting support. We want services to work together in an integrated and coordinated way appreciating the unique set of skills and experience they each bring.

**Urgent Care and Support** – for the time when things are getting difficult; and people need urgent access to support to keep them safe and healthy. We know that lots of people don’t know how to access the support they need when things are overwhelming; and we also know that sometimes the support accessed isn’t the most suitable. We want to improve this by making it easier to get the right help at the right time and in the right place. We also want to get a better understanding of the things we can do to help prevent people getting to this stage of crisis.

**Autism Support** – we know that there is some good examples of care and support being provided within communities for people with autism and their families. However, we also know that workforce is stretched, and that relationships and pathways can be strengthened. We want to support local community sector providers to develop a new community of practice who can work closely together to share ideas, good practice and identify local solutions.

**Clubs and Groups for young people** – we want to make it easy for people to find out what clubs and groups are running in their local areas. We are working to gather this information and will share the links we receive on our local offer websites.

### 24/7 access to urgent care and support for children, young people, parents, and carers

– we know that the current crisis support offer for our children and young people is fragmented with a different response in different parts of Derbyshire. We want to reform our offer for children and young people who need extra help by developing a consistent crisis response for all our children and young people seeing them as individuals first whatever their mental health, eating disorder, learning disability, autism or complex behaviour needs. We know that currently young people experience a ‘cliff edge’ in the care and support available when they reach 18 years of age. Becoming a young adult can be a stressful and difficult time and we are acutely aware that this can be even tougher for our more vulnerable young adults; for example, those who may have mental health issues, are leaving care, have learning disabilities or autism. We want to better support the transition of young people on their journey into adulthood, providing more opportunities and a helping hand to establish themselves in the adult world.

### Engagement with under-represented groups and people whose voices are seldom heard within our services in order to improve people’s health

- we know that for some people we need to do much more to make this a reality. We want to better understand how our services need to be shaped, for services to work and be acceptable for people from different backgrounds, to ensure the services we offer are truly co-produced with the people who need to use them.

We want to create a collaborative provider structure where partners across sectors can work together to explore the best means of providing support to achieve inclusive and effective delivery.

To do this, we want to understand who is interested in providing certain services/ support functions and how a system-wide delivery response could be structured.

If you are interested in these areas of work and would like to get involved, please click [here](#) for more information.

# Thousands of people in Derby invited to help NHS trial new cancer test

A world-first clinical trial will begin soon in Derbyshire, offering volunteers the chance to take a revolutionary new blood test that can detect more than 50 types of cancer before symptoms appear. Derby has been selected as one of several places within the East Midlands to take part.

The NHS-Galleri trial is a research trial to see how well the new Galleri™ test works in the NHS when used alongside standard cancer screening. The aim is to see whether the test can help to find cancers at an early stage when they are easier to treat. The trial is currently only recruiting participants who have received an invitation letter in the post.

People may receive an invitation letter if they:

- are aged 50 to 77
- have not been diagnosed or treated for cancer in the last 3 years
- are registered with a GP in one of the areas where the trial is being run

Christine Urquhart, Head of Cancer Commissioning & Derbyshire STP Cancer Programme Lead, NHS Derby and Derbyshire Clinical Commissioning Group said:

*“We are delighted to be taking part in the NHS Trial for the early detection of cancer and would encourage people to take up the offer if sent an invitation to take part.*”

*The Galleri™ test looks at DNA in the blood to see if any of it may have come from cancer cells. DNA is the genetic code (a sort of instruction manual) found in cells. Although the Galleri test does not look at the genetic code itself, it looks at the pattern of other markers on the DNA to flag a possible cancer signal.*

*The Galleri test can pick up the signal for more than 50 different types of cancer. However, the signal does not mean that a person definitely has cancer. It just means that they might have cancer, and that they will need to have some follow-up tests to check. If a cancer signal is detected in the blood, a research nurse will arrange a follow-up appointment at an NHS hospital to check if a person does have cancer.*

*Patients in the south of Derbyshire may have received an invitation to participate in the Trial. Testing of participants will take place during November 2021 in a mobile unit located in the car park of Sainsbury’s in the Osmaston Park Superstore, Derby (DE24 8EB). We are hoping to provide the same testing facility later in the year in Chesterfield.”*

For more information, visit [nhs-galleri.org](https://nhs-galleri.org).

## Contact Joined Up Care Derbyshire

Visit the website: [joinedupcarederbyshire.co.uk](https://joinedupcarederbyshire.co.uk)

Email: [joinedupcarederbyshire@nhs.net](mailto:joinedupcarederbyshire@nhs.net)

If you would like to sign-up to receive the Joined Up Care Derbyshire newsletter, please email [karen.lloyd24@nhs.net](mailto:karen.lloyd24@nhs.net)

If you would like to know how you can get involved [click here](#).

