**NEW Long COVID films made by clinicians, for clinicians and other health and care providers**

Long COVID is a new syndrome, and prior to 2020 there was no pre-existing expertise with regards to the management and treatment of it. Recognising this, members of the Humber Long COVID Triage and Assessment Service have developed a NEW training programme and are pleased to present eight high-quality filmed presentations - made by local clinicians, for clinicians and other health and care providers, including voluntary providers, aimed at educating, and supporting them to further help the understanding of Long COVID symptoms, rehabilitation and recovery:

* **Long COVID common presentations**
  + Dr Nina Brixey, Speciality Doctor in Rehabilitation, HUTHT
* **The respiratory complications of COVID-19**
  + Dr Michael Crooks, Senior Clinical Lecturer and Honorary Consultant in Respiratory Medicine, HUTHT
* **Long COVID and its rehabilitation (part one)** 
  + Dr Abayomi Salawu, Consultant in Rehabilitation Medicine, HUTHT
* **Long COVID and its Rehabilitation (part two: Homeostasis)**
  + Dr Abayomi Salawu, Consultant in Rehabilitation Medicine, HUTHT
* **Long COVID and its Rehabilitation (part three: Rehabilitation)**
  + Dr Abayomi Salawu, Consultant in Rehabilitation Medicine, HUTHT
* **Long COVID and Improving Access to Psychological Therapies (IAPT)**
  + Rebekah Palmer, High Intensity CBT Therapist, HTFT
* **Long COVID peer support: An overview** 
  + Shahmin Khanum, Assistant Psychologist, NAViGO
  + Amy Somerton, Assistant Psychologist, NAViGO
* **Long COVID: The road to recovery** 
  + Marion Nettleton, Physiotherapist, HUTHT

HUTHT: Hull University Teaching Hospitals NHS Trust

HTFT: Humber Teaching NHS Foundation Trust

NAViGO: Mental Health Care Provider (North East Lincolnshire

There are also four animations that accompany the series of films. You can access the films and animations at <https://vimeo.com/showcase/9534430>

using the password **HUTHCovid19**