**Men at Work study**

We’re carrying out a research study into men’s health and wellbeing in Derbyshire and we would appreciate your help.

We know that many men are not using preventative health care services and we would like to better understand the possible ways in which men are managing their own health and wellbeing.

We are particularly interested in speaking to men who work in farming, hospitality, and haulage, to find out what they think about their health and wellbeing. Participants can include employers who provide employment and/or employees.

Men working in these industries may face day-to-day challenges around good health and wellbeing, such as long hours and being isolated.

Poorer health and wellbeing can lead to long-term sickness and employment issues.

Longer term, men can find themselves unable to work because of ill health before retirement age which is costly for families, communities, and employers.

We will use the information gathered to understand the needs of working men and to help design relevant health and wellbeing services.

**What is involved?**

Participants will receive a £10 voucher for taking part in an interview and/or focus group.

Interviews will last no more than 45 minutes and can take place in the workplace, online or by phone.

Focus groups will be up to 2 hours and include small groups of men to discuss the findings and offer suggestions for improvement.

All identifiable information will be kept confidential and will not be shared with anyone else including employers, GPs, or others.

We will also be setting up an ongoing advisory group. This would involve a maximum of three meetings a year and online communications. This would involve a maximum of 1 hour a month until the end of March 2024.

We’d appreciate you sharing the attached flyer and information to any contacts who may be interested.

Dr Fiona Marshall will be leading on the research project. For further information, Dr Marshall can be contacted by email at fiona.marshall@derbyshire.gov.uk or call 07971 376574.

Many thanks,

Fiona Marshall

**Note**

The study is funded by the National Institute of Health and Care Research (NIHR) and being run in collaboration with the Public Health Department at the University of Nottingham. The study is based in Derbyshire County Council’s Public Health Department in the Intelligence and Knowledge team.