

Information to GP Practices regarding patients with long-term conditions

Update 41: October 2022

[Authors](#)

The Strategic Clinical Conditions and Pathways Team are pleased to announce this pack of information and updates for GPs across Derby and Derbyshire in regards to managing their patients with long-term conditions. We are aware that the rapid developments in the recent days have led to a significant change in routine practice in addition to managing and treating patients face-to-face.

This pack covers guidance around updates to:

- [Respiratory](#)
- [Diabetes](#)
- [Cardiovascular Disease](#)
- [Post Covid Syndrome](#)
- [Tobacco Dependency](#)

Respiratory

Spirometry

Thank you to all those practices who have reached out over the last couple of weeks with questions and queries. This helps us determine what support is needed moving forward. We hope to send some further communications out in October which will inform Primary Care as to support available; training, resources, guidance. Please look out for this!

Pulmonary Rehabilitation

As you may be aware, NHSE have produced a draft 5-year vision for PR services. We are working closely with our two pulmonary rehab (PR) providers, DCHS & ImpACT+, to ensure we have plans in place to deliver the NHSE ambition. See below for the NSHE high-level outcomes for PR services nationally.



England 5-year Vision- High-level Objectives

Quality Improvement

- Be compliant with National Asthma and COPD Audit Programme (NACAP)
- All PR services to be accredited over the next five years

Integrated Approach

- A personalised offer of referral to PR for all eligible/ clinically appropriate cohorts as per clinical guidance and judgement
- Work across the full respiratory pathway, supported by the Clinical leadership of respiratory clinical networks
- Collaborative approach across NHSE and NHSI regional teams, ICS leads, commissioners and PR services.

Health Inequalities

- Local systems to identify local intelligence on population needs, level of inequality and gaps in equity of access.
- System level plans to address health inequalities in respiratory health.

Service delivery

- Develop local service delivery options to meet the needs of the local population and increase access to PR (e.g. hybrid options)
- Develop local workforce redesign based on PR pathways and service delivery, assign workforce to activity and competence required (e.g. use of lower grade staff to act as digital champions or undertake non-clinical activity to support PR pathway).

For any questions, queries or concerns please email ddicb.conditionsspecific@nhs.net or Victoria.blackshaw1@nhs.net.

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Diabetes



Next month (3-9 October 2022) is Hypo Awareness Week

Free online training for healthcare staff

CDEP would love it if you would encourage your staff to do our Hypo Awareness Training as part of this national diabetes safety drive.

Please see the [CDEP flyer for more information](#).

<https://www.cdep.org.uk/>



A Diabetes Competency-Based e-Learning Platform

The Cambridge Diabetes Education Programme was designed and tested by a multi-disciplinary, diabetes specialist team, consisting of nurses, dietitians, podiatrists, health care assistants, general practitioners and hospital consultants.

It is based on the UK, nationally recognised, diabetes framework of competencies for healthcare practitioners, to ensure that they have the right diabetes skills and knowledge to support patients living with diabetes.

For more details, [please see flyer](#)



Diabetes & Ambulatory Care Guidance

For information, please find attached guidance document for ambulance colleagues on the [safe & effective management of diabetes patients](#), jointly developed by Diabetes UK and the Midlands Cardiovascular Disease & Respiratory Clinical Network.

The document has been developed for and shared with EMAS & WMAS colleagues as an offer of support as we look to join up working across our organisations in improving care for diabetes patients. Please feel free to share this document across your local networks and promote alongside existing guidance for ambulance colleagues.

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Cardiovascular Disease



Dear Colleague,

This month you'll find information on:

- PCCS CVD Academy
- PCCS Annual Conference 2022
- Annual General Meeting 2022
- Global Trials Summit 2022
- Cardiovascular Professional Care
- SLF & SHARP Annual Scientific Meeting 2022
- SHARP Prize 2022 – Call for Abstracts
- Join us at *Guidelines Live*

PCCS CVD Academy

If you would like to view the Spring Conference sessions that you might have missed in May or review a particular session again, please enter the Academy and you can now view these on demand [here](#).

If you haven't activated your account in order to gain access to the Academy, please contact our secretariat who will be able to help you: admin@lcwconsulting.co.uk

PCCS Annual Conference 2022

Just two weeks to go until our two-day online Annual Conference ***Addressing the CVD Prevention Gap in Primary Care*** takes place, on **Thursday, 29th and Friday, 30th September**.

Invitations for this meeting are open to all healthcare practitioners and it is free to attend. The education will be particularly relevant to clinical leads in practices and CCGs, specialist nurses, nurse practitioners, physician associates and pharmacists with special interest in cardiovascular medicine, so please feel free to extend the invitation to

colleagues who may not yet be PCCS members.

The full agenda and speakers can be viewed [here](#) and you can [register here](#).

Annual General Meeting 2022

We would be delighted if you are able to join us at our AGM on **Friday, 30th September** at **14:45**, following on from the close of our Annual Conference. You will be able to hear a report on the year from our President, Dr Jim Moore; news on our education programme from Prof Ahmet Fuat; in addition to the finance presentation from Treasurer, Dr Paul Ferenc.

Please add the Zoom link:

<https://us02web.zoom.us/j/83182459897?pwd=cTluRHI3SUM2STBYMFRRbGdKQUo4Zz09> to your calendars in order to join this meeting.

Global Trials Summit 2022

The Global Trial Summit is an annual meeting summarising all of the key cardiovascular trials for the year with the chief investigators presenting the key data. In 2021 the meeting was very widely attended.

GTS 2022 is scheduled for **Friday, 23rd September and Saturday, 24th September** sign up for FREE at <https://events.hubilo.com/global-trials-summit-2022/login>

Cardiovascular Professional Care

The event is taking place this **Tuesday, 15th–Wednesday, 16th November** at ExCeL London and delivers a two-day educational programme supported by key NHS arm's-length bodies and major charities.

Cardiovascular Professional Care has a fully CPD* accredited programme, which covers a wide range of topics across primary and secondary care such as key updates on heart failure, atrial fibrillation, blood pressure monitoring, pulmonary hypertension, VTE, the NHS Long Term Plan and important links to other clinical areas such as diabetes.

Dozens of speakers will share their knowledge, best practice and must-have innovations in a safe environment, alongside 40+ suppliers who will enable you to deliver brilliant patient care and outcomes.

The PCCS will also be supporting a number of sessions. Join us for just £99+ VAT using discount code **CVPCPCS1**. Prices increase at midnight, 30th September. Further

discounts may be available for nurses and AHPs. Contact +44 (0)207 013 4681 today to see if you qualify. <https://bit.ly/3U11bj9>

* approval pending

SLF & SHARP Annual Scientific Meeting 2022

The Scottish Lipid Forum & SHARP Annual Scientific Meeting will take place on **Thursday, 17th November** at the Royal College of Surgeons of Edinburgh. Please join either in person or virtually for their 34th annual event. Registration is FREE!

Why should you register for this meeting? Cardiovascular disease, diabetes and all their various clinical manifestations remain one of the most important and frequently seen disease categories in everyday medical practice. Understanding your patients risk of a future cardiovascular event and how we as clinicians can reduce that risk is important to the future wellbeing of our patients.

Find out more at: <https://www.sharpscotland.org/upcoming>

Register at: <https://www.sharpscotland.org/register-delegate>

SHARP Prize 2022 – Call for Abstracts

We invite all healthcare professionals and young researchers to submit an abstract for the 2022 SHARP Prize. Please submit an abstract outlining a recent research/audit project or clinical audit/service improvement with relevance to cardiovascular disease or diabetes. There will be four prizes of £500.

Deadline is **Friday, 28th October 2022**.

Join us at *Guidelines Live*

Guidelines Live at ExCeL London, will be held on **Tuesday, 22nd–Wednesday, 23rd November**, offering two days of clinically-focused education, 16 clinical streams, and 48 expert speakers. Confirmed clinical streams will include sessions on new guidance and practical case studies on delivering best practice. The agenda has been developed with GP appraisers and specialist GPs to support daily practice. [View agenda topics here.](#)

The PCCS CVD Academy is supporting the cardiovascular streams on both days and as a PCCS member you can book your ticket for half price! Rather than pay the normal rate of £99, you can attend for only £49.50. To take advantage of this special offer, call 01442

Information to GP Practices regarding LTC

861713 or [book online here](#). Please note – the discount is applied on the last page of the booking form.

With best regards,

A handwritten signature in dark ink, appearing to be 'J Moore', with a long horizontal line extending to the right.

Dr Jim Moore FRCP Edin
President of the Primary Care Cardiovascular Society
GP, GPwSI Cardiology

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Post Covid Syndrome

Post (Long) Covid Management Service Derbyshire Dialogue Session – August 2022

The Post (Long) Covid Management Service for Derbyshire was the focus of one of the Joined Up Care Derbyshire 'Derbyshire Dialogue' sessions in August 2022.

After introducing the service in a previous session in February 2021, service clinicians returned in August to provide an update on the service development and the inclusion of a full rehabilitation offer from April 2022.

The speakers were:

Dr Fauzia Begum – Clinical Medical Lead

Dr Kim Campbell – Clinical Psychology Lead (Assessment Service)

Chloe Spooner – Lead Senior Occupational Therapist (North Rehabilitation Hub)

The session followed a patient story through the rehabilitation element of the service, as well as a focus on Health Psychology.

Please find a recording of the session here, available to view to all:

[Derbyshire Dialogue - Derbyshire Post \(Long\) Covid Management Service](#)

Referral Update - Patient Prioritisation

The Post (Long) Covid Management Service provides priority to certain cohorts of patients:

- Pregnant patients
- Children And Young People (Under 18)
- NHS Staff (as long as registered to a GP within Derbyshire)

The referral form is currently being updated to reflect the Children and Young People's pathway and will be distributed as soon as it's been through the relevant governance routes, but if any of the above cohorts are referred into the service, please do indicate on the referral form to allow the triage within the assessment centre to pick them up as a priority.

Post (Long) Covid Management Service Website

The Post (Long) Covid Management Service has its own dedicated page on the Joined Up Care Derbyshire website.

It is currently being updated to include information regarding the service offer in Derbyshire, the updated patient leaflet and lots of other information relating to Post (Long) Covid within Derbyshire and beyond.

Please find a link to the website here:

<https://joinedupcarederbyshire.co.uk/your-services/post-covid-19/>

Training – Educational Videos

Colleagues from the Humber Long Covid Triage and Assessment Service have developed a new training programme to further help and support fellow clinicians and other health care providers to understand Post (Long) Covid as a syndrome.

Please find information [including a link to watch the videos](#).

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Tobacco Dependency

Stoptober Campaign

This year's Stoptober campaign will reach out to smokers through a range of media including radio, video on demand and out-of-home display; and the emphasis is on targeting smokers aged 25 to 50 who work in routine and manual jobs. *'You've got what it takes to quit this Stoptober'*

By encouraging smokers to quit now, through promoting the benefits of quitting, but also to giving them confidence that they can successfully quit.

Stoptober is a great opportunity to encourage smokers to make this quit attempt and help them sustain it throughout October and beyond. Stoptober is built on evidence that if a smoker can quit for 28 days, they are five times more likely to quit for good.



It is never too late to quit smoking and we want your help in pushing out the message. Whether someone has attempted to quit before, been thinking about it for a while, or are only just considering stopping, we can help.

We want to emphasise that there are lots of different support options and tools available to find the right way to quit. [Find out more here.](#)

On the back of Stoptober, is the time to share one of the new initiatives from the Long-Term Plan (LTP). Funded by NHSE, it is an evidence-based NHS prevention programme to reduce tobacco dependency. This has been established as the Tobacco Dependency Treatment programme, to support patients and our communities to stop smoking.

This has been developed as a Derbyshire Joined up Care System Approach. A wide range of stakeholders have been involved in developing the programme to gain buy-in from all providers. Evidence for this programme has been taken from the Greater Manchester CURE project to develop the local process.

This programme will involve personalised support to stop people being tobacco dependant and will be available to all inpatients who have an overnight stay in our hospitals and are smokers. This will also include maternity services with pregnant people and their partners, providing face-to-face support to help tobacco dependency which will benefit not only the pregnant person but the unborn child.

Additionally, a new universal tobacco dependency service for mental health units and learning disability services will be available to offer tobacco dependency treatment services.

Support will be offered in a variety of ways, whether it's just a quick conversation, or a prescription for Nicotine Replacement Treatment which could include patches, gum, and medication. All patients who smoke will be offered 'Very Brief Advice' (VBA) and have access to the level of support that they feel comfortable with. A Tobacco Dependency Advisor will offer support over a 12-week period as your non-smoking journey continues and once you have been discharged from hospital.

How patients can access support:

If they want to quit now, then they do not need to be admitted to our hospitals for support, they can contact:

If they're a Derbyshire resident, call 0800 085 2299 or visit www.livelifebetterderbyshire.org.uk

If they're a Derby resident call 01332 641254 or visit www.livewellderby.co.uk

Staffordshire residents call 0333 005 0095 or visit staffordshire.everyonehealth.co.uk

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