

PEER LEADERSHIP PROGRAMME LAUNCH EVENT

8TH SEPTEMBER 2022 AT 11.00AM
VIA MICROSOFT TEAMS



Exciting new opportunity to join our 'Peer Leadership Programme'

You are invited to the exciting launch of our Peer Leadership Programme on 8th September 2022 at 11.00am.

Joined Up Care Derbyshire, Derby and Derbyshire's Integrated Care System (ICS) is a partnership that brings together providers (those who deliver services) and commissioners (those who plan and buy services) with other local partners to collectively plan health and care services to meet the needs of the local population. The central aim of an ICS is to join up care across different organisations and settings to provide people with more convenient and personalised care for their health and wellbeing.

To do this well we need to listen to what matters most to people in Derbyshire. It makes sense that the only way to ensure that our NHS meets everyone's needs, is to involve people who use our services, and especially those who are living with a long-term health condition, disabled people and family carers. Therefore, in partnership with NHS England we are offering an exciting and innovative online personal development programme called the **Peer Leadership Development Programme**.

The aim of the programme is:

- To tell people what personalised care is and how people can benefit
- To develop new Peer Leaders. Peer Leaders are people with lived experience of using health and care services who are committed to working collaboratively with the ICS to shape and influence how health and care is delivered.

Who is the programme for?

It is mainly aimed at people with long-term health conditions and disabilities who could benefit from personalised care, but it is also suitable for people working in the health, care and voluntary sectors.

What can you expect on the Peer Leadership Development Programme?

The course is delivered online through an accessible learning platform called Future Learn. It is organised in bite-size chunks using language that is easy to understand. It also includes videos with sub-titles and transcripts. Every stage of the programme is designed in a way to support you to learn, through storytelling, discussion, visual aids and lots of support to celebrate progress. There will be opportunities to discuss your thoughts and experiences with other learners. Throughout the programme you will also hear from people who've experienced the benefit of personalised care and inspiring stories from Peer Leaders who are actively influencing how personalised care is developed and delivered. This is all within the comfort of your own home!

The programme begins by helping build your knowledge, skills and confidence about personalised care, and then as you move through the programme, you'll be encouraged to reflect on the skills, qualities and behaviours that would enable you to be a good Peer Leader.

The programme is free, and the first two stages of the programme run continuously so you can join at any time.

The third stage of the programme is more in depth and builds on the learning in the first two parts and is about learning to become a peer leader. This is open to people with lived experience. When we say, 'lived experience', we mean people living with a long-term health condition, disabled people, and family carers. You will be invited to join this part of the course if appropriate and will be asked to join specific training on a weekly basis for 3 weeks.

We are delighted to be able to offer this personal development programme. Not only will you have the chance to reflect on your own experience and how you do things, but you'll be also learning alongside other people with lived experience. But should you choose to complete all 3 stages, you will also have the opportunity to:

- Become involved in activities within the ICS that will help shape and influence how health and care services in Derbyshire are delivered.
- Apply for regional and national opportunities to shape and influence health services.
- Take the learning further and become a Peer Leader Facilitator, to support other people through the programme.

If you are interested, please book a place at the launch event [here](#). This will give you an opportunity to hear more about the programme and meet others with a similar interest.

If you are unable to attend the launch event session, have any questions, or would just like to chat about the programme, and get some additional support before getting involved, then please email: ddicb.engagement@nhs.net and one of our team will get back to you.

You can find out more about what the programme entails [by reading the information from Futures Learn which you can access here](#)

We will be following up with participants on the programme at regular intervals to offer support and answer questions, so please put the following dates in your diary in addition to the launch event.

- 5th October 11am – 12 noon
- 3rd November 11am – 12 noon

Peer Leadership Framework

