Tue 06 Sept 12.30pm-1.30pm online - FREE -

CLICK TO BOOK:

Misba, the founder of community-based charity, Evergreen, will be discussing the unique barriers to physical activity for some Muslim women and the opportunities to be active, talking about the importance of inclusive practice to create welcoming spaces for all.

Enabling physical activity to be inclusive for

Muslim women and the

wider South Asian communities

Move More Derby will share work that's been happening with the Normanton community which has a high ethnic minority population. They will share what they have learnt from this about enabling physical activity to be inclusive.



