Organisational Address

Contact number

Date

Organisational Logo

Dear GP

**For prompt attention – risk to self or others identified**

**Person’s name: \_\_\_\_\_\_\_**

**Address: \_\_\_\_\_\_\_**

**Person’s date of birth: \_\_\_\_\_\_**

We are writing to you with reference to the above person who, during contact with *(organisation)* on *(date)* disclosed recent thoughts of suicide.

During this conversation, they informed us that they: (d*elete as appropriate)*

* Have recently experienced/are currently experiencing thoughts of suicide
* Have/Have not made a specific plan to end their life
* Have/Have not made any preparations towards ending their life

*Detail any other important information e.g. disclosures of recent suicide attempts, identified protective factors, support in place.*

**Actions Taken by *(organisation)*** *(delete/amend as appropriate)*

* We have advised them to call 999 or attend A & E if they require urgent support
* We have provided them with the contact details for a range of mental health support services, including the Derbyshire Mental Health Helpline & Support Service, Samaritans & SHOUT.
* We have encouraged them to follow the steps in their current safety plan
* We have helped them to identify some helpful steps to follow to help keep themselves safe whilst they are awaiting further contact from a mental health professional/GP
* We have advised them that we have contacted their GP to request a review of their mental wellbeing
* We have referred them/signposted them to their local Talking Therapy services – Vita Minds/Everyturn

**Further Actions Required** *(delete as appropriate)*

* We recommend that the person is contacted by their GP for a review of their mental wellbeing, and current risk to self
* We recommend that a referral for appropriate mental health support is considered.
* We recommend that a referral to the Crisis Resolution team is considered.
* We would appreciate further communications from yourself to consider if ongoing support from the *(organisational team)* is currently suitable/appropriate.

Please do not hesitate to contact me by calling *(organisation number)* if you require any further information.

Thank you for your support.

Yours sincerely,

**Title**

**Service**

**Tel:**

**Email:**

**Website:**